



Tostock Chronicle



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334 www.tostock.onesuffolk.net/welcome April - May2016.

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Tostocks' Big Weekend



14th & 15th May 2016

SATURDAY 2.00 PM



Fete on the Green

BOTH DAYS

- Bouncy Castle Fun Golf Competition
- Tug-o-War Barbeque Games & Stalls
- Steve's Bar in the Garden
- Assault Course Maypole Dancing Dog Show
- Fancy Dress Parade Tea and Cakes

Lots more too!

Come and join in the fun

Flower Festival and Scarecrows at the Church

If you would like to be involved in any way please call:

Sam: 271969 Hannah: 272633 Pauline: 270339 Jeanne: 270337

Local Reports

Village Hall

St Andrews Church

Events/updates

Countrylife/features

Local Businesses/sponsors

Dates for your Diary

USEFUL TELEPHONE NUMBERS

Suffolk C.C. Jane Storey 240555

District C.

John Levantis 07969 273839

Sarah Mansel 241857

Parish Council 270394

Village Hall 272668

Village Hall Bookings 270605

Rector 235095

Past & Present 270482

Tennis Club 271652

Book Club 270247

Carpet Bowls 270605

Gardners Arms 270460

Tostock Chronicle 271727

Woolpit Health Centre 240298

Out of hours GP 111

**West Suffolk Hospital
01284 713000**

Police

Non Emergency 101

Emergency/Suspicious 999

Woolpit Health Centre

NOTICE of DELIVERIES.

Tostock deliveries of prescriptions is on: MONDAY; WEDNESDAY and FRIDAY.

Of course, if you are acutely unwell and a Doctor requests that a medicine be sent via Home Delivery, it will be delivered to you on the day that the Doctor requires it, regardless where you live.

Parish Councillor Vacancy

The Parish Council has one vacancy. This can be filled by co-option.

If you can offer some time, share your particular knowledge and experience and get involved in areas of interest and concern, please consider joining the Parish Council. Applicants must be over 18 and live or work in the village.

For further information or to apply contact the Clerk, Marilyn Bottomley,

Phone 01284 789303 email Marilyn.bottomley@btinternet.com

OR contact one of the Parish Councillors.

Notes from the Tostock Parish
Meeting on
Wednesday 27th January 2016

A meeting was held on 27th January 2016 Chaired by Cllr, R,Perks. Other Cllrs present Mrs C. Debenham, D. Blundell, B Alexander, J Kearsley, R Phipps, Mrs J Le Fleming, District Cllrs Mrs S Mansell, J Levantis. County Cllr Mrs J Storey. Members of the Public 5.

PUBLIC FORUM:

The Matter of the Pot holes on The Leys, was brought up, but was deferred to later on in the meeting.

APPOINTMENTS OF OFFICERS:

Following the resignation of Ms Waitkins(outgoing Chairman) Cllr R Perks was elected Chairman and Cllr Kearsley was elected Vice chairman. Cllr Perks was asked to write to Ms Waitkins to thank her for long service on the Parish Council and for all her work within the Village.

REPORTS:

County Councillor Report:

District Councillors Report:

Village Hall Report:

AGM will be on 21st April 2016. Also Annual inspection of playground and playing field.. County Councillor Storey informed the Meeting that she would be lighting a Beacon on 21st May 2016 to mark the Queen's birthday.

Chairman's Report:

Asking for suggestions for money from the Reserve Fund. Two suggestions already for The Leys and one for the Village Hall.

Problems with Moles, it was agreed to ask Carl Buckle to carry on with the work he has been doing regarding catching the Moles.

FINANCE:

Cheques presented for signature

Risk Assessments:

Broken base on Seat by entrance to Village Hall and Tiles on Bus Shelter.

Precept 2016/2017:

This will remain the same for this period. It was decided to form a Finance Sub Committee.

PLANNING APPLICATIONS: None

VILLAGE MATTERS:

BT Cabinet: Still waiting for work to start.

Notice Board: Delivered and installed.

Dog Fouling Signs: Delivered to Mr Wadsworth

Hollow Lane Sign: Still waiting

The Leys: On going

Perkins Way: Waiting for Planning application

Pond on The Leys: Working Party to be formed.

Church Road: Hedge Reported.

ACTION PLAN:

Meeting of the Working party and high priority items from Parish Plan, i.e. Speeding, The Leys. It was agreed a meeting with Suffolk County Council Highways was priority. Report to go on Notice board. 27 items covered so far.

TRAINING:

Parish Councillors going to attend future dates.

Mrs Harrison has volunteered to go on Website training, to be able to work on Village Website.

Date of next Meeting Wednesday 9th March 2016 at 7.30pm

Notes from the Tostock Parish Meeting on Wednesday 9th March 2016

A meeting was held on Wednesday 9th March 2016 chaired by Cllr R Perks, with other Cllrs present Mrs Debenham, Mrs J Le Fleming, J Kearsley, R Phipps, D Blundell. District Cllr Mrs Mansell and County Councillor Jane Storey, 23 members of the Public were present.

PUBLIC FORUM:

The matter of the proposed Recycling Centre on Mr Bauly's land was addressed. Members of the Public addressed their serious concerns over this proposal with regard to Traffic movement, and smells from processing materials, Mr & Mrs Bauly spoke to the meeting, explaining how the Centre should work, but there appeared to be conflicting information and proposals from the firm concerned. The Parish Council agreed to write to ask for a Public Meeting where more detailed information could be given.

Concern was expressed over the small signs on the Green. After some discussion it was agreed that they would be removed and it would be looked into where new sign/s could be located.

REPORTS:

County Councillors Report:

District Councillors Report:

Village Hall Report:

Reserve Fund: Leave to next meeting

Chairman's Report:

Question of holding the Annual Parish Meeting on same date as Annual Parish Council Meeting. It was agreed that Annual Parish Meeting to be held on 25th May 2016.

Date for Annual Parish Council meeting to be decided.

Approval will be done via Email.

Continued

Risk Assessments:

Still have the Mower and Signs on the Green

PLANNING APPLICATIONS:

One application for single storey in New Road. No objections.

Norton Road Site: No news at present.

Perkins Way: No News.

VILLAGE MATTERS:

Standing Orders: On going

Audit Change: Leave as it is.

Risk Assessments: Still have the Mower and Signs on the Green

Notice Board: Installed

Anti Dog Fouling Signs: Some are in place.

Hollow Roads Sign: Parish Council to write.

The Leys: Off agenda

Pond on the Leys: Take off agenda at present.

Church Road: Hedge still a problem in places.

ACTION PLAN: On going, meeting planned.

TRAINING:

Four Councillors attended courses, very useful.

Councillor Debenham had had a meeting with Woolpit Health Centre re looking at what was or could be available for people within the Village. There is a Minibus available and lists of Contact numbers, ideal case for using the Website for local information. Mrs

Harrison has done the Website Course and is now working on the site for Tostock.

Question of bottle bank at Village Hall not a viable proposition.

DATE OF NEXT MEETING WEDNESDAY 20th APRIL 2016.

Thedwastre North – February 2016

Council meeting 11th February

There will be a meeting of the full Council on 11th February. The only topic for discussion/debate is the budget for the County Council over the next year. There may be an amendment put to the meeting by one or more of the opposition parties but such amendments have to be presented and agreed by the Monitoring Officer by next Monday so there will probably be press coverage of any alternative budgets. It could be an interesting debate as the previous Conservative majority of 2 is reduced to 0. That assumes that everyone turns up...

The budget itself has received coverage through the release of papers to the Scrutiny committee in October last year, and the Cabinet meeting in January of this year.

Cabinet 23rd February

There are three items published on the Forward Plan that are due to appear on the Cabinet papers. The first is the Quarterly Budget monitoring report – showing the council's current position against the approved budget. The second item is the school admission arrangements for the school year 2017/18. The third item is the agreement to bring 200 Syrian refugees under the Government Syrian Resettlement Programme (SRP). A requirement of the SRP is for the council to provide casework support to the refugees. Syrian refugees are due to come to Suffolk in Spring 2016 and because of the short timescale it is proposed to contract Suffolk Refugee Support for the first year and to start a tender process to select a casework support provider for years two to five.

All committee papers are published on-line from the SCC website www.suffolk.gov.uk

Locality Budget

The latest figures for the Locality Budget (Thedwastre North) are published on the SCC website:-

Thedwastre North - Cllr Jane Storey

Carried forward from previous year £9,880.78

Budget allocated for 2015/2016 £12,000.00

Total available budget for 2015/2016 £21,880.78

DATE BENEFICIARY PROPOSAL

21/11/2014 Westhorpe Village Hall - New Village Hall (remaining balance) (Committed 2014/2015) £509.78

15/12/2014 Elmswell Library Friends - Improvements to the library (Committed 2014/2015) £2,000.00

22/07/2015 Friends of Woolpit School - Football kit £350.00

22/07/2015 Norton Village Hall - Curtains for the stage area £4,000.00

16/11/2015 St John The Divine, Elmswell - Improvements to car parking facility £2,000.00

COMMITMENTS

22/07/2015 Westthorpe Parish Council - Defibrillator cabinet £800.00

22/07/2015 Norton Parish Council - Safety surface for play area & fencing on southern boundary £2,000.00

Total allocated £16,659.78

Remaining balance £10,221.00

£5,000 that had previously been committed to the Elmswell Methodist Church has been put back in the pot and I have an application for £6,000 that is being considered at the moment. I would suggest that any applications to the MSDC locality budget that did not get full funding could apply to SCC to make up the shortfall.

Suffolk Fire and Rescue Service

The consultation on the Integrated Risk Management Plan is still open to the public to comment – follow the link on the SCC website.

I would like to commend the Elmswell on call crew for their prompt turn out to the fire in Grove Lane, Elmswell. It is accepted that their action saved a significant part of the building and also the personal possessions of the owner.

Jane Storey

Thedwastre North – March 2016

Council meeting 17th March

There will be a meeting of the full Council on 17th March. There is currently one motion to be debated by the Council members – it is related to the new community transport structure. This was announced on February 9th and the new service in Mid Suffolk will be delivered by Aspire Together from June 16th this year. Some residents will find that there is no change to their current provider. In future there will simply be one telephone number for residents to use to get the service they need. A high level summary of the planned provision in this area is provided at www.suffolkonboard.com/news/

I understand that there may be other motions to be debated, possibly on the Fire and Rescue Service, but I have not seen the detail yet.

Cabinet 22nd March

There are a number of items published on the Forward Plan that are due to appear in the Cabinet papers for the 22nd March. The ones that may be of interest to us are the Review of the Flood Risk Management, a joint Norfolk and Suffolk Trading Standards service and the details of the new Emergency Services Mobile Communications Programme.

The Review of Flood Risk Management will look at the areas of local flooding. We don't have many in this area but if there are areas that local residents are concerned about they should look at this Cabinet paper and make sure that they have their input. Areas that I will point out to the officers are Norton to Tostock road by the bridge and the road between Norton and Great Ashfield. Some of this flooding may be because of poor ditch maintenance – but it all needs to be logged.

The prospect of a Joint Norfolk and Suffolk Trading Standards Service is being considered. The benefits of a joint team are believed to outweigh the risks. It is hoped that this proposal will provide a more resilient service. The Suffolk team are of course responsible for monitoring traffic through Felixstowe, amongst other things, and they do an extremely valuable job in keeping us as consumers safe.

The Emergency Services Mobile Communications Programme (ESMCP) will replace the current 'Airwaves' service. This is used by our fire engine. The first is the Quarterly Budget monitoring report – showing the councils current position against the approved budget. The second item is the schemes, officers and combined fire control. The programme is led nationally by the Home Office and is being developed across all three emergency services and other public safety users

All committee papers are published on-line from the SCC website www.suffolk.gov.uk

Suffolk Fire and Rescue Service – Elmswell crew

I would like to commend the Elmswell on call crew for their prompt turn out to the recent fire in Bacton. This was another thatch fire and their prompt action saved a major part of the roof, ensuring that the building and personal possessions of the owners were relatively unscathed. It is recognized that thatched properties bring their own challenges and SFRS are always keen to offer advice to owners of buildings that may be at risk.

01.03.2016

Jane Storey

District Councillor Report: Tostock Parish Council

01/03/16

Finance and Budget for next year

The medium term financial strategy and the budget were both agreed at Full Council on 25th February. Council tax is to increase by 6p per week for a Band D property. This equates to approximately 1.9% increase. The mandatory 1% reduction in Council House rents has had a major effect on the Housing Revenue Account and the housing team are still working on longer term plans to offset the loss in revenue. However a balanced budget for 2016/17 has been agreed. The treasury management strategy and pay policy were also agreed by the council.

Green group proposals for the budget

We (the opposition) raised concerns about the amount of money accumulating in the 'transformation fund'. There is currently about £6.5M in this reserve and it is set to rise to nearly £9M during the next financial year. So far only a few hundred thousand pounds have been earmarked for spending on specific projects.

Devolution updates

I attended the LGIU briefing about devolution in Bury on 17th February. The Government are now calling for us to join an 'Eastern Powerhouse' consisting of Norfolk, Suffolk, Cambridgeshire and Peterborough. A first draft of the bid has now been drawn up but it is still very much a work in progress. It seems to be a very fluid process but one which has a tight deadline.

New Joint Local Plan

Initial discussions with members are now underway regarding the suggested growth across both districts. There will be a need for a larger number of homes to be built across Mid Suffolk with the prospect for devolution. Potential sites for housing are being identified and the proposals will shortly be out for public consultation.

Management review

Following the recent internal management review there have been a number of changes to the tier 4 appointments.

Passivhaus design

Following a resolution last year, a report about the possibility of building new council homes to Passivhaus specification is to be discussed by the Executive Committee on Monday 7th March.

Sarah Mansel

sarah.mansel@midsuffolk.gov.uk

01359 245247

29th January 2016

This week's top features

Doorstep Roofing Companies

The department has been made aware of a roofing company that has been going door to door offering services such as 'Plastic Dry Verge Caps' and 'Re-pointing Ridge Tiles'.

We would be very interested to hear from anyone who may have been approached by such a company. Should they return to Suffolk and visit your home, please don't confront them. Instead contact us on 03454 040506 and report the incident ASAP, giving as much detail as possible, including the date, time, address, descriptions and any vehicle details.

Telephone Scam Purporting to be from GP Surgery

Police forces have become aware of a fraud circulating that is targeting elderly and vulnerable members of the community.

It has been reported that some people have received telephone calls from a caller who purports to be from the GP Surgery and is asking for an appointment to discuss their personal mobility needs. During the appointment, the person is persuaded to buy mobility aids which are either unnecessary or inappropriate and always expensive.

If you receive such a call, please do not give any personal details and hang up. It is advisable to wait 20 minutes, then check your phone has a dial tone, and contact your GP Surgery directly to see if this was a genuine call.

Suspended Jail Sentence for eBay Fraudster

A Haverhill resident has received a 5 month suspended jail sentence and ordered to pay £4,800 costs after pleading guilty to giving the impression goods could be sold, when they were in fact deemed to be unsafe, and to two counts of failing to carry out a product recall on unsafe products.

Mr Yacuba Ibrahim was sentenced to 6 months per offence, reduced to 5 months, to run concurrently, suspended for 12 months. He was also ordered to forfeit all remaining products, meaning the generators will now be destroyed.

19 February 2016

This week's top features

DVSA Fixed Penalty Email Scam Warning

The Driver and Vehicle Standards Agency has been made aware that members of the public have received [emails claiming to be from the DVSA Fixed Penalty Office](#) with an attachment to a 'fixed penalty receipt'.

Do not open the attachment, or click on any links within the email, and do not reply to it. The DVSA never sends fixed penalty notices to customers via email.

Fake Amazon Survey Email

The email offers 'valued customers' [£10 for completing a quick survey](#).

Anyone following the link in the message will be taken to website designed to look similar in style to genuine Amazon pages which requests account log in details. Following this the next page then requests a variety of other personal information including address, phone number, credit card details, sort code, bank account number and 'security question' too.

Always be wary of unexpected emails claiming to be from well-known brands offering free items, vouchers or credit for completing an online survey. If you receive this or a similar email treat it with caution and delete it if you are suspicious in any way.

'SMishing'

'SMiShing' is a technique used by criminals to try to steal information about a person's identity by sending them a text with a link to a website.

Just like with email, attackers can use text message spam to spread malware, phishing scams and other threats among mobile device users.

Usually the text will look like it's from a genuine business – a bank, for example asking you to take immediate action to click on a link. The content of the message can say you've won a competition, or you need to update your account details. These details can then be used by fraudsters to steal your identity, duplicate credit cards and make money transfers. [One text cost a man £23,000](#).

If you have the slightest doubt about the authenticity of a text message, don't click any links.

Whatever the scam is, if you think fraud has been committed, please report it to [Action Fraud](#) or contact Trading Standards on 03454 040506.

11 March 2016

This week's top features

Remain vigilant to phishing scams

According to Action Fraud, phishing scams remain the very real threat to consumers, stating that they receive, on average, 8,000 reports a month on this type of scam alone.

Phishing is the attempt to acquire sensitive information from you by pretending to be a trustworthy entity, such as your bank, local council or even the emergency services. Phishing scams can be by email, telephone or text message.

If you receive an email or a telephone call from someone you don't recognise, do not respond, do not give out any personal information and report the communication to [Action Fraud](#).

Buying on the Internet? Do so with caution

Suffolk Trading Standards continue receive a steady stream of complaints and information from members of the public about on line sellers that may not be all that they seem.

The website that you are looking at may appear to be based in the UK and it may appear to be selling genuine goods. However, the reality is often quite different. In addition, not all sellers on Facebook are as genuine as they seem, with allegations of counterfeit or illicit goods being made to us on a regular basis.

We take these complaints seriously and will act appropriately wherever possible. However, for advice and guidance on buying on-line head over to our [Blog](#).

No Cold Calling Zones in Action

Suffolk Trading Standards have established 77 No Cold Calling Zones so far across the county in an effort to empower local communities and to prevent unwanted doorstep calls from traders.

Instances where traders ignore these zones are rare but if it happens, we will respond. This past week, we received a complaint from a resident in Estuary Road, Shotley and Officers attended with colleagues from Suffolk Constabulary. A full investigation will be carried out and appropriate action taken based on the facts of the case.

Anybody who has any information about doorstep traders operating in their area can call us on 03454 04 05 06 or the Police on 101.

For more information about No Cold Calling Zones, including nominations for your own street, check out our [website](#).

Annual Parish Meeting

Annual Parish Meeting in 2016 is planned for 11 May at 7.30p.m. in the Village Hall.

The formal notice and agenda will be posted on the Notice Boards and website at least seven days before date of meeting.

At the last Parish Council meeting it was decided to hold the Annual Parish Meeting and the Annual Parish Council Meeting separately. There can be confusion between the Annual Parish Meeting and the Annual Parish Council Meeting.

All Parish Councils throughout England are required by law to hold an Annual Parish Meeting, which must take place between 1st March and the 1st June (inclusive). It is considered best practice to hold the Annual Parish Meeting and the Annual Parish Council Meeting on different occasions to avoid confusion.

The Annual Parish Meeting is a meeting of all the electors for the Parish. It is NOT a Meeting of the Parish Council. Anyone may attend but only registered electors of Tostock Parish may speak and vote. An elector may make suggestions and comment on anything pertinent to the people of Tostock.

This will be welcomed and is the whole purpose of the meeting.

The Chairperson of the Parish Council normally chairs the meeting. If the Chair is not able to attend, then the Vice-chair, else the meeting will elect a chairperson from amongst those electors present.

A written record of the meeting will be taken

The Chair of the Parish Council gives a report at the meeting and in recent years the local councillors have been invited to give a report, as well as the Village Hall and other clubs and organisations of the village.

The Annual Parish Council Meeting will be held on 25th May. This will be a normal council meeting, but each year a chair and vice-chair need to be elected at the beginning of this meeting.

Parish Council Meeting Dates

Listed below are the forthcoming meeting dates for 2016 - all meetings start at 7.30pm in the Village Hall

27th January

9th March

20th April

25th May (Annual Parish Council Meeting)

13th July

28th September

9th November

14th December



Tostock Village Hall News - April/May 2016

The next meeting of the village hall is due to take place on **Thursday, 21st April** - this meeting will start with the **Annual General Meeting (AGM)** at 7.30pm and everyone that is involved with the hall and its facilities are very welcome to attend.

The grand **Casino** of Tostock opened its doors again to a record number of players. The funny money stakes were high and a great night was had by all. Thanks to all who were involved in organizing this fun night - it is planned for the Casino night to be held every two year.



Saturday, 14th May 2016 sees the welcome return to the **Tostock Village Fete**. Lots of fun on The Green from 2 - 5pm - see separate notice for more information. If you can help on the day, please contact Rosemary (01359 270179).

This year's **Art Show** takes place on the weekend of **18th - 20th June**. Anyone who is able to help with the set up or running of this weekend, please contact Malcolm Unwin on 270588

CHANGE OF DATE - the bi-annual **CEILIDH** which is due to return in the early Autumn, will now be held on **Saturday, 8th October 2016**. Further details in future Chronicles.



St Andrew's Church Tostock

(Benefice of Pakenham, Norton & Tostock with Great Ashfield, Hunston & Stowlangtoft)

Priest-in-Charge Revd Katherine Valentine Tel 01359 235095

Email: katherine@kavalentine.plus.com

SERVICES APRIL-MAY 2016

Our beautiful and ancient church is open daily for visitors and private prayer.

APRIL

3rd	9.30am Holy Communion
10th	9.30am Messy Church
17th	11am Morning Prayer
24th	11am Family Service

MAY

1st	9.30am Holy Communion 3pm BENEFICE ROGATION SERVICE AT PAKENHAM FOLLOWED BY TEA
5th ASCENSION DAY	7PM DEANERY SERVICE AT STANTON
8th	9.30am Messy Church
15th PENTECOST	10am Morning Prayer - note earlier time because of Flower Festival
22nd TRINITY SUNDAY	11am Family Service
29th EASTER DAY	10am BENEFICE COMMUNION AT HUNSTON

Countryside Church at The Croft

Mondays 18th April & 16th May 10am.

An informal service of prayer and praise for everyone, held at The Croft, Tostock. Come and sing your favourite hymns, chat with friends, and enjoy the refreshments.

CONFIRMATION 2016

This year the Deanery Confirmation will be at St Mary's Ixworth on the 18th September at 4pm with Bishop Mike Harrison, the new Bishop of Dunwich.

Anyone wishing to be confirmed please get in touch with me so we can arrange the necessary preparation, which will take place in May and June. If you are thinking about confirmation, but not sure what is involved, or would just like a chat about it, again, please contact me. Katherine.

Continued

ROGATION SUNDAY
1ST MAY 3PM AT PAKENHAM

Rogationtide is traditionally the time when we ask God for his blessing on all our work; in the fields and villages of our benefice. It used to be the time when the 'beating of the bounds' took place, to denote the specific boundaries of the parish, but also to ensure that God's blessing extended to every inch of the parish. This year we are going to be holding our benefice Rogation celebrations in Pakenham, travelling around with the aid of tractors, praying for fields, gardens, businesses and village as we go, finishing at the church for tea. We are pleased that Canon Sally Fogden, the Diocesan Agricultural Chaplain will be joining us for this very special occasion - we'd love to see you too!!

TOSTOCK NEWS

We had a lovely Service for Mothering Sunday with posies for the children to give to their mothers and grandmothers , and now we are preparing for Easter . The Church will be decorated on Saturday March 26th from 10am ,when help would be appreciated from anyone who is interested !

Our Service on Easter Day will be at 11am , Festival Communion for all the family , and following the Celebration , Refreshments will be served while the children search for the knitted ducks .Each duck can be exchanged for a chocolate egg and this has become a real Tostock tradition !

On Saturday May 14th the Village Fete will be held on the Green with stalls,competitions ,activities and refreshments.

In Church we shall be holding a Flower Festival and a Scarecrow "Gathering" on both May14th and 15th . The theme of the weekend is "Royalty " , to celebrate the Queen's 90th Birthday . So please start thinking about your scarecrow and make sure you bring your entry to the Church on Friday May 13th . There will be prizes for those who get the most votes . More information from Sue Marriott , 270143 ,or Jeanne O'Reilly 270337 .

The next Coffee Morning is on Tuesday April 12th at 10:30am in the Village Hall.

Messy Church is on Sunday April 10th at 9:30am .The children are learning about the different parts of the Church and items used in services ,such as the organ and the bells .

It is very sad to report the death of one of our oldest residents ,Mr Donald Piggott ,of Beech Tree House ,at the age of 95. Although house bound for the last few years ,he always took a keen interest in the village activities .

We were all very sad to learn of the death of John Pamment ,although he lived in Norton , John was born and brought up in Tostock .He told many wonderful stories about growing up in the village and always considered St. Andrew's Church "his" Church .When we look around at the Ringing Gallery , our beautiful kitchen ,the carved font cover, we realize his amazing talents . But John was always the one we called on for the ordinary things , a loose floorboard, to sort out the woodworm treatment , or a broken lock .We shall miss him in so many ways. Our love and sympathy are sent to Margaret and her family . The lights are sponsored in April by Diane ,Jane , Sara ,and Michael ,in loving memory of Alan Baully . The lights are sponsored in May by Rachel and Darren Newport and their family in loving memory of Eowen on her Eighth birthday ,May 3rd .



TOSTOCK OPEN GARDENS JUNE 19TH 2016

With spring in the air once again time to turn our thoughts to opening the gardens.

Over the last four years we have enjoyed a very happy day with many visitors kindly telling us how much they have enjoyed visiting the gardens in Tostock.

If you would like to open our garden please contact Jeanne or myself as soon as possible.

Opening the garden does concentrate the mind. Once the open day is over you can sit back and enjoy your beautifully manicured garden for the rest of the summer.

Happy gardening.

Gayle Moyle 270787

Jeanne O'Reilly 270337

Congratulations!

Many Many Congratulations to **Maureen** and **Derek Beale**

who celebrated their

DIAMOND WEDDING ANNIVERSARY on 24th March

very best wishes on a wonderful and admirable achievement

Derek & Nuala' x



TOSTOCK TENNIS CLUB



MEMBERSHIP ENQUIRIES

ELIZABETH DUNN (01359 270270)
AND
DIANE PLESTER (01359 271652)

FEES (AS FROM 1 APRIL 2016)

<i>FAMILY MEMBERSHIP ADULTS</i>	<i>£30</i>
<i>CHILDREN (UNDER 16)</i>	<i>£5</i>
<i>GUEST FEES - ADULTS</i>	<i>£2</i>
<i>GUEST FEES - CHILDREN</i>	<i>£1</i>

COURT BOOKINGS - APRIL 2016

DIANE PLESTER

6 WOOD CLOSE, TOSTOCK

TEL: 01359 271652

dianeplester1@gmail.com



Tostock Past and Present Society

Unfortunately due to a computer malfunction on my part, we failed to put an article into the January Chronicle. Hopefully this will be rectified for the next edition.

Our new season has already started and we had over 30 members attending the February AGM followed by a very interesting talk from Fraser Harrison on the four Statues of Thetford.

The annual membership fee for 2016 will remain at £12 and non-members are very welcome at £3 per meeting.

All our meetings are in the Village Hall on the first Tuesday of the month at 7.30pm.

The Committee is hoping to arrange another outing in 2016 based on the properties available in the Invitation to view scheme.

Our next three meetings are as follows;

April 5th- David Lilley The Life & Work of PG Wodehouse

May 3rd- William Tyler Churchill and the First World War

June 7th- Kate Jewell Bonfires & Bells: Ritual & Festivals in the
Medieval Suffolk Landscape

Please contact me if you require any further information. Anthony Scully (Chairman) Tel 01359270482 email a.r.scully@btinternet.com



Tostock Bookgroup.

So far this year we have discussed *The Pure Gold Baby* by Margaret Drabble at the January meeting; in February we reported back on books pulled from a lucky dip; and in March we will have talked about a non-fiction book, *Badgerlands* by Patrick Barkham.

Our meeting on April 27th will be hosted by Jeanne O'Reilly, and we will be reading *Us* by David Nicholls for this meeting.

Library copies will be available for those who want one. At this meeting we will be distributing World Book Night titles for discussion at the May meeting.

These books are then to be passed on to people outside the group, who perhaps do not read much.

The meeting on May 25th will be at the home of Maureen Cytacki.

For further details, please contact Julie Harrison 01359



I bet there is not a single person in Tostock that at some time in their lives that haven't marvelled at the sheer charm and cuteness of the adorable new born lambs skipping around the fields at Spring time, I know I have. It's got to be the number one spot most iconic sights and sounds of Spring. So for this edition I thought we'd look at some different breeds of sheep and some are rare breeds, after all our countryside wouldn't be the same without them. Sheep have been in existence for thousands of years. In the early fifties before we ever had television I remember on Sunday nights listening to the Cliff Adams singers on the radio programme called 'Sing Something Simple' and come every April they would sing a song called "All in the April Evening" the lyrics go – Sheep with their little lambs passed me by on the road" well that song has stayed with me ever since. There are over a 100 breeds of sheep in this country including some that are rare breeds. My utmost favourite has to be the Herdwick. Herdwicks have grazed the high fells of the Lake District for over 1,000 years.

The origin of the breed is lost to time, but its name is derived from the Old Norse word for sheep farm, herd-vik or sheep pasture Herdwick.

Beatrix Potter's passion for Herdwick led to her becoming a farmer and successfully breeding, showing and judging the breed. Upon her death in 1943 she left many farms and flocks of Herdwick to the National Trust. Herdwicks remain on the fells for most of the year but brought down to the farms some 6 or 7 times a year for clipping, dosing, shearing, tupping (mating), scanning and lambing. The ewes will take their lambs to graze on an area of the fell known as their "heaf". This knowledge of where to graze is known as the "heafing instinct" and is passed onto each generation. The Herdwick are every bit as important to the Lake-land scene as fells and packhorse bridges. Ewes usually have just one lamb due to the harsh conditions on the fells in April/May. Lambs are born black with white tips on their ears. During the first year the fleece turns brown and the head and legs turn white, then the second year the fleece takes on its familiar grey colour which get lighter with age.

The Swaledale is a breed of domestic sheep named after the Yorkshire valley of Swaledale in England. They are found throughout the more mountainous areas of Great Britain, but particularly in the Yorkshire Dales, County Durham and around the Pennine fells of Cumbria. Swaledales are noted for their off-white wool, curled horns and white around their nose and eyes. They are used for the production of lamb/mutton, the North of England Mule sheep, and as Pedigree breeding stock. Together with the Rough Fell Herdwick and Dalesbred sheep, they are one of the three variations associated with the English Lake District.

The Wensleydale Longwood breed of sheep originated in North Yorkshire early in the 19th century from across between a long since extinct local Longwood breed from the region of the River Tees and an outstanding Dishley Leicester ram named "Bluecap" The breed was developed to produce hardy rams for crossing onto hill ewes, together with high quality and valuable lustre fleeces.

The breed is probably unique in that its Association is able to not only identify a foundation sire, but also trace that ram's parentage, year and place of birth and breeder. "Bluecap" was born in 1839 in the hamlet of East Appleton, 5 miles NNW of Bedale in North Yorkshire. His qualities which determined the breed type without any further infusion of Leicester blood, were his dark skin, superb quality of wool and size – 204 kg (448 lbs) as a shear. The breed type was not named until 1876, when a name was required for classes at the Yorkshire Show.

Now from Yorkshire we go up north to the Hebrides. The Hebridean is a breed of small black sheep from Scotland, similar to other members of the Northern European short-tailed sheep group, having a short, triangular tail. They often have two pairs of horns. They were often formerly known as "St Kilda" sheep although unlike Soay and Boreray sheep they are probably not in fact from the St Kilda archipeligo. Modern Hebrideans have black , rather coarse wool, which fades to brown in the sun and often becomes grey with age, there is no wool on the face and legs. If not shorn the wool may moult naturally in Spring. Rams and ewes typically have one pair of horns, but often have two or even more pairs (polycerate) and occasionally none. They are considerably smaller than most other breed of sheep, fully grown ewes weighing only around 40kg (88 lbs) and the rams slightly heavier at around 50 to 60kg (110 to 130 lbs).

It has been reported that the muscle tissue and fats of the Hebridean have significantly less cholesterol than other well known breeds. Hebrideans are hardy and able to thrive on rough grazing, and so are often used as conservation grazing animals to maintain natural grassland or heathland habitats. They are particularly effective at scrub control, having a strong preference for browsing.

Y GYMDEITHAS DEFAID MYNDD CYMREIG –The Welsh Mountain sheep is one of the oldest sheep breeds in the world, with references to the breed found in literature of the Middle Ages. It is still as important today for modern agriculture as any other breed. Welsh Mountain sheep are economical and hardy, they are also good grazers and make excellent mothers. Other advantages are that they are inexpensive to purchase, lamb easily and require little additional feed.

Finally we can't go without talking about our own county the Suffolks



Continued

Here at Rectory and Woodend Green Farm in Tostock we keep and breed our native breed of sheep the Suffolk. Tostock Suffolks kept by Tom Stocking has had great success showing and breeding this magnificent sheep at our regional shows and even notched several ribbons and a few champions along the way! The Suffolk evolved from the mating of Norfolk Horn ewes with Southdown rams in the Bury St Edmunds area, these sheep were known as Southdown Norfolks, or locally as "Black faces" The first recording is in 1797 when in his "General view of agriculture in the county of Suffolk" Arthur Young stated : "These ought to be called the Suffolk breed, the mutton has superior texture, flavour, quantity and colour of gravy"

Suffolk's developed around the rotational system of farming in East Anglia, grazing on grass or clover in the summer and after weaning the ewes could be put on salt marshes or stubbles. Swedes, turnips or mangles were grazed in the winter. From the earliest days sheep were exported around the world, to Austria, France, Germany, Switzerland, Russia, North and South America and the colonies. The Suffolk has developed over the years to match consumer demands, they are now found throughout the world's sheep producing countries and are still the flag-ship breed in the British Isles and recognised as the leading terminal sire on a variety of ewes to produce top quality prime lamb. Not bad for a little old sheep from Suffolk and Tostock - Well done Tom, Congratulations also to Katie for being on BBC 1 Countryfile programme about a month ago.

To wet your appetite here is a well known recipe – Lancashire Hotpot, it is a great British dish that uses cheap cuts of meat and root vegetables. It can be cooked in a slow cooker too, so you can return home to a hot meal after a long day out in the cold.

You will need :- 675g middle neck of lamb cubed, 2 tbsp seasoned flour, 2 tbsp oil, 450g potatoes peeled and sliced into rounds, 2 onions, 3 carrots peeled and sliced, salt and pepper, 300ml lamb or beef stock, butter.

Method :- Preheat oven to 190c fan 170c, toss lamb in flour and fry in oil until brown, In a large casserole dish place alternate layers of vegetables and lamb, seasoning as you go, and finish with a layer of potatoes, pour over stock, dot top with butter, cover and bake for 90 mins, remove from oven and take off lid, brush potatoes with melted butter, then return to oven uncovered and brown for 30

mins. Bon Appetit – ENJOY

TOSTOCK MEMORIES

Do you remember this?

Is that *really* you?



This is a photo that appeared in the "Let's Talk" magazine July 2010, edition 94 of the **Tostock Brownies** taken way back in 1967. The Chronicle would like to know who you all are in the picture and where you are now, And would love to hear about your memories, all your individual stories, when you married, how many children etc. etc. So if anybody recognises someone in the photo please let the Chronicle know.

Sincere apologies to these four companies for ommiting their adverts in previuos editions
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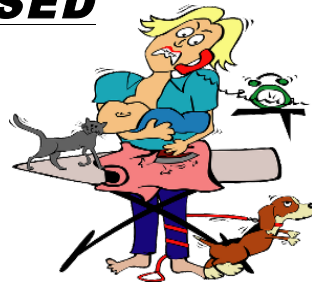
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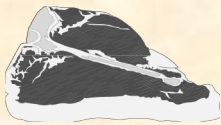
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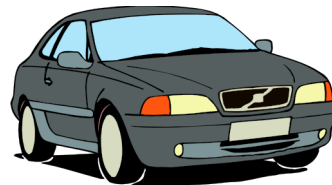
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DATES TO REMEMBER

APRIL

Tue 5th - Past & Present
7.30pm - Village Hall

Wed 20th – Parish Council Meeting
7.30pm - Village Hall

Thur 21st – Village Hall Committee AGM
7.30pm - Village Hall

MAY

Sat 14th & 15th - Village Fete
2pm - On the Green
Scarecrow & Flower show
- At the Church

Wed 25th - Annual Parish Council Meeting
7.30pm - Village Hall

JUNE

18th till 20th – Art Show
At the Church

Sun 19th June Open Gardens

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1st Tuesday 7.30pm

Bingo

last Tuesday of the month 2.30-4pm

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Please Note :

Entries for the next chronicle must reach Jean Wheeler at the Old Post Office OR e-mail: shirley.nice@btinternet.com before 22nd May

if you use e-mail PLEASE use Microsoft Word if possible.

Any item received after 22nd May- WILL NOT be published.

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