



# Tostock Chronicle



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342      www.tostock.suffolk.cloud      AUGUST—SEPTEMBER 2017  
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*Our Picturesque  
Village*



Events taken place:

- 38th Art Show
- Cars on the Green
- Charity Fun Day
- Working Catterpillar Weekend

Events coming up:

- Village Quiz
- Fruit and Vegetable Show
- Campus open Days
- Bach Concert
- Macmillan coffee morning

And our ever popular **Celidh**

See inside for details

**NEXT ISSUE:** For the months of **Oct/Nov 2017** Entries for the next chronicle must reach **Jean Wheeler** at the Old Post Office OR email: [shirley.nice@btinternet.com](mailto:shirley.nice@btinternet.com) **Before 22<sup>nd</sup> SEP 2017**

# Contacts in our Community

## Tostock Parish Councillors

<b>Chair:</b> Ron Perks	SALC	<a href="mailto:ron.perks@outlook.com">ron.perks@outlook.com</a>	01359 270394
<b>Vice Chair:</b> Julian Kersley	SALC	<a href="mailto:Juliankearsley@btinternet.com">Juliankearsley@btinternet.com</a>	
Bruce Alexander		<a href="mailto:bruce.tostock@gmail.com">bruce.tostock@gmail.com</a>	01359 271944
David Blundell	Planning	<a href="mailto:tostock.design@btinternet.com">tostock.design@btinternet.com</a>	01359 270839
Sarah Mansell		<a href="mailto:sarah.mansel@midsuffolk.gov.uk">sarah.mansel@midsuffolk.gov.uk</a>	01359 724524
Christine Debenham	Planning	<a href="mailto:cdebenham2@yahoo.com">cdebenham2@yahoo.com</a>	01359 270006
<b>Clerk:</b> Marilyn Bottomley		<a href="mailto:marilyn.bottomley@btinternet.com">marilyn.bottomley@btinternet.com</a>	01284 789303

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### Footpath Officer

Ed Wadsworth 01359 270273

### Litter Picker

Pat Wadsworth 01359 270273

### Suffolk County Council

Jane Storey [Jane.Storey@suffolk.gov.uk](mailto:Jane.Storey@suffolk.gov.uk) 01359 240555

### District County Council

Sarah Mansel [sarah.mansel@midsuffolk.gov.uk](mailto:sarah.mansel@midsuffolk.gov.uk) 01359 241857  
 John Levantis [johnlevantis@gmail.com](mailto:johnlevantis@gmail.com) 07969 273839

### St Andrews Church

Rector: Katherine Valentine [katherine@kavalentine.plus.com](mailto:katherine@kavalentine.plus.com) 01359 235095  
 Friends/Warden: Jeanne O'Reilly 01359 270337  
 Bell Ringers: Sue Marriott 01359 270143  
 Poor's Estate: Sharon Markell 01359 271190

### Village Hall

Chair: Alan Jones 01359 272633  
 Hall Bookings: Doreen Buckle [tostocktvh@hotmail.co.uk](mailto:tostocktvh@hotmail.co.uk) 01359 270605

### Clubs:

Past & Present: Sarah Scully 01359 270482  
 Tennis Club: Paul Haywood 01359 271652  
 Book Club: Julie Harrison 01359 270247  
 Carpet Bowls: Doreen Buckle 01359 270605  
 Toddlers: Julie Harrison 01359 270247

### Pub

Gardner's Arms: Steve & Jill Gardner 01359 270460

### Media

Tostock Chronicle: Jean Wheeler 01359 270278  
 Shirley Nice [shirley.nice@btinternet.com](mailto:shirley.nice@btinternet.com) 01359 271727

### Web Site: Julie Harrison

01359 270247

\*Anyone wishing to add their email ,please get in touch

**Emergency Police/Fire/Ambulance 999**

### Services

#### Health

Woolpit Health Centre 01359 240298  
 Out of hours GP 111  
 West Suffolk Hospital 01284 713000

#### Police

Non-emergency 101

#### Travel

Bus: [www.travel-galloway.com](http://www.travel-galloway.com)  
 01449 766323

Rail: 084548595

Samaritans 01284 75000  
 Drugs Hotline 0800253253  
 Crime Stoppers 555111

DIAL A RIDE 01284 724545

## **\*Notes from the Annual Tostock Parish Council Meeting on Wednesday 26<sup>th</sup> MAY 2017**

**Present:** Cllrs R Perks (Chairman), J Kearsley, D Blundell, Mrs S Mansel, B Alexander & Mrs C Debenham. C Cllr Mrs J Storey and D Cllr Mrs Mansel.

5 villagers

### ELECTION OF OFFICERS

Chairman Cllr R Perks, proposed by Cllr Kearsley seconded by Cllr Mrs Mansel. All in favour.

Vice Chairman Cllr J Kearsley, proposed by Cllr Perks, seconded by Cllr Alexander. All in favour.

**Public Forum:**-Treasurer of Village Hall spoke about the requested grant which had been circulated.

### APPOINTMENT OF REPRESENTATIVES

SALC - all councillors entitled to attend any meetings.

Planning - none

Footpath Warden - Mr E Wadsworth All in favour.

Tree Warden - Cllr Blundell –.

Poors Charity - Cllrs Blundell and Mrs Debenham.

### WRITTEN REPORTS

**C Cllr Mrs J Storey**- continuing as a county councillor following the recent elections. Nothing to report.

**D Cllr Mrs S Mansel:** report circulated covering MSDC's new Constitution; move to new Headquarters; Planning portal upgrade; new Housing Development partner; strategic Housing Market assessment; new warding arrangements for 2019.

### FINANCE

**Grant Aid application:** Councillors discussed the grant request from the Village Hall in respect of purchasing the chairs and tables and agreed for the full cost to be given in the amount of £1,708.54. Proposed by Cllr Kearsley, seconded by Cllr Alexander – all in favour.

**Cheques:** 5 cheques issued for May were approved. All in favour.

### PLANNING

Application considered by councillors:-

**1799/17 The Old Post Office, The Green:** Reduce canopy by 2m on 1no. English Oak tree (T1)

**PC comment:** support proposed by Cllr Mrs Mansel, seconded by Cllr Perks. All in favour.

### VILLAGE MATTERS

**Signs on the Green:** Clerk to place official order with Greenbarnes

**The Leys/WP proposals:** Work being undertaken on 8<sup>th</sup> June; it is hoped to try and save the Oak tree. The Chairman advised that he has asked the contractors undertaking the Gateway signage to quote for re-gritting the tracks across The Leys and The Green. He would also be obtaining a further quote for patching from M Nunn and other contractors.

**Gateway signage:** costs were discussed for the proposed signage. Once license had been given the council could proceed with installation.

### TRAINING

Councillors agreed for Ms D Matthew to attend a website training course at SALC on the 18<sup>th</sup> July. Clerk to organize.

Phone box – in need of repainting. Enquiries being made by Cllr Alexander. ACV status form completed and for circulation.

Meeting closed at 8.50 p.m.

**DATE OF NEXT MEETING - 12<sup>th</sup> July 2017**

## Thedwastre North – June 2017

Report by County Councillor—Jane Storey

### **Council Meeting 25<sup>th</sup> May**

Following on from the County Council elections on 4<sup>th</sup> May the Annual Meeting of Suffolk County Council took place on 25<sup>th</sup> May. Typically such meetings are a confirmation of appointments and calendars for the next 12-18 months. This year was no exception.

The results of the election were such that the Conservatives have 52 councillors, Labour have 11 and an alliance of Green, Lib Dems and Independents have formed another 'group' of 12. The Leader of that group, David Wood, has declined to be 'Leader of the Opposition', leaving the title of the official opposition to the Labour group.

The Leader of the Council is once again Colin Noble and he has chosen me to be his Deputy. I am also the Cabinet member with responsibility for Broadband and Rural issues. The other members of the Cabinet have stayed much as they were before – with two changes – Paul West replaces Christopher Hudson as Cabinet member for Ipswich, and Robin Millar becomes the Cabinet member for Families and Communities.

In addition to the usual papers for the meeting there was a paper regarding a change of the way some committees are organised. The Constitution Working Party have looked at different ways for all councillors to be involved with the decision making process. Under the current 'Cabinet' model the Cabinet decide most things without needing to involve other councillors. The Constitution Working Party has been looking at a 'hybrid' system between the existing Cabinet model and going back to a committee system. They have agreement now to come back to the July council meeting with their proposals.

### **Cabinet Meeting 13th June**

There are four items on the forward plan for the Cabinet meeting on 13<sup>th</sup> June. The first item is to consider the nomination for the sponsor for the new primary school in Red Lodge. The second item is the outturn for the budget as at the end of the financial year 2016-17. There will be explanations of over and under spending and a final position for reserves and virements. The third paper is the Compulsory Purchase Order for Aldham Mill Hill – and its subsequent transfer to Persimmon Homes. The fourth paper is regarding the policy regarding staff volunteering and what they can expect in support if they do.

### **Locality Budget**

The Councillor Locality Budget has been an invaluable way to provide small sums to local organisations, and this will continue but with a reduced amount. Last year councillors had a budget of £10,000 per year but this year that figure has been reduced. I have already had a few applications but will look at any applications as they come in and then process them in the usual way.

Highways budgets are not as straightforward but I hope that I can help out with some schemes to reduce speeding through our villages.

All committee papers are published on-line [www.suffolk.gov.uk](http://www.suffolk.gov.uk)

05.06.2017

# **Thedwastre North – July 2017**

Report by County Councillor—Jane Storey

## **Chief Executive**

Suffolk County Council's Chief Executive, Deborah Cadman OBE is to take up a new role as the first permanent Chief Executive of the West Midlands Combined Authority (WMCA).

She joined Suffolk County Council in 2011 and since then has overseen a dramatic improvement in education attainment levels in Suffolk, improved staff morale and led the careful implementation of over £200million of savings made necessary by reductions in funding from government.

The recruitment process for her successor has started and at the Council meeting at the end of July we expect to announce Sue Cook as Interim and at the Council meeting in September we, as a Council, have to formally agree to her successor.

## **Cabinet Meeting 11th July**

There are three items on the agenda for the Cabinet meeting on 11<sup>th</sup> July. The first item is to consider a loan to the University of Suffolk of up to £5m to support the growth of the University. The second item is entitled Social Value and Sustainable Procurement, The Public Services (Social Value) Act 2012 obliges the Council to have regard to economic, social and environmental well-being in connection with public services contracts. This paper sets out a specific policy so that the Council can ensure that any procurement meets the requirements of the Act.

The third item on the agenda is a report on our priorities 2017-2021. We have a new council administration that was elected based on the Suffolk Conservative manifesto – not to be confused with the national Conservative manifesto. This has been taken and expanded on and the result is a document that will form the basis for our decision making, financial planning and outward consultation over the next four years. the nomination for the sponsor for the new primary school in Red Lodge. The second item is the outturn for the budget as at the end of the financial year 2016-17.

## **Highways Transformation**

A new Highways Senior Leadership Team was established with effect from 6 March 2017, with appointments made to all Head of Service roles. Heads of Service have assisted in the finalisation of the new organisational structure for Suffolk Highways, the preparation of 47 new job and person profiles (JPPs) and the conversion of 43 existing JPPs into the new Suffolk Highways JPP format. The selection process (including interviews) has taken place and appointments made during week commencing 3 July 2017.

Whilst a significant proportion of the changes to Rougham, Halesworth, Lowestoft and Brome Depots are due to be completed by the end of July 2017, accommodation works at Phoenix House will continue into August 2017.

The highway maintenance operational gangs have received follow-up 'toolbox talks' to reinforce the message that they should treat any additional potholes found when attending any site to undertake a pre-arranged repair.

The following outlines our current status with carriageway maintenance treatments:

<b>Area of Surface Dressing &amp; Machine Surfacing (including Micro Asphalt) 2017/18</b>				
Treatment	Carriageway area completed at 21/06/17 (m2)	Remaining area scheduled for completion by 31/08/17 (m2)	Total (m2)	Approximate total length treated (km)
Surface Dressing	1,528,501	471,499	2,000,000	308
Machine Surfacing	203,171	43,603	246,774	38

Total carriageway length in Suffolk (km) 6,588  
 Total carriageway treated 2017/18 (%) 5.25%

During the 2016/17 winter season, although it may have appeared mild, we undertook a total of 80 Priority 1 (P1) route and 26 Priority 2 (P2) route gritting runs (compared with the 10-year average of 78 P1 route and 22 P2 route gritting runs).

### Roadworks.org initiative

You can now find current and planned roadworks or road and street closures and how this affects you and information about road improvements projects in Suffolk.

roadworks.org is the most comprehensive source of up-to-date information about roadworks, road closures and diversions, traffic incidents and other disruptions affecting the UK road network

The interactive map can be found at [www.suffolk.roadworks.org](http://www.suffolk.roadworks.org)

### 2017 Tour of Britain

Stage 6 of the 2017 Tour of Britain will take place in Suffolk on Friday 8 September. The stage is 183km long and will start in Newmarket and finish in Aldeburgh. The last time the Tour was here (2015) it generated an economic impact for Suffolk of £2.2million, even though only half the stage was in the county – the whole stage, which was shared with Norfolk, generated £4.5million. The event also provides the opportunity to engage communities along the route to use the event to showcase their locality to a national and international audience, bring communities together and inspire people to be more active.

### Council meeting 20<sup>th</sup> July

The papers for this meeting have not been published yet but will include a report from the Independent Review Panel on councilor allowances. This panel has included business people and has come up with some interesting findings. Most allowances will either stay the same or be lost completely.

There will also be an item on Constitution changes including the introduction of Cabinet Committees. This will be a new way for councilors who are not in the Cabinet itself to preview Cabinet decisions and make recommendations on them. They can draw on outside witnesses. The Education Scrutiny committee will be included in the main Scrutiny committee and Rights of Way will be incorporated into Development Control.

All committee papers are published on-line [www.suffolk.gov.uk](http://www.suffolk.gov.uk)

# District Councillor Locality Budget Awards 2017

Report from District Councillor—Sarah Mansel

Following the success of the locality awards in 2015/16, MSDC have allocated each ward councillor a fund of £6250 to be spent within their communities. Any Not-for-profit constituted group with its own bank account requiring two unrelated signatories is eligible to apply for funding. This includes parish councils, sports groups, clubs, youth groups etc. Although funding is not available for religious activities, funds are available for improvements for community use of premises such as churches etc.

The funded projects need to fall into one of the strategic priorities of MSDC – which are as follows:

## **Economy and Environment**

*Lead and shape the local economy by promoting and helping to deliver sustainable economic growth which is balanced with respect for wildlife, heritage and the natural and built environment.*

## **Housing**

*Ensure that there are enough good quality, environmentally efficient and cost effective homes with the appropriate tenures and in the right locations.*

## **Safe, Strong and Healthy Communities**

*Encourage and support individuals and communities to be self-sufficient, strong, healthy and safe.*

Previously your district councillors gave funding towards the following projects in the Elmswell and Norton Ward:

Elmswell Library Friends – coffee machine and cycle racks

Norton Village Hall – cycle racks

Tostock Village Hall – marquee and outdoor table tennis table

Elmswell Millennium History Group – research project on the use of Ashfield Airfield during the First World War

St John's Church, Elmswell – improvements to heating and roof alarm

Elmswell Almshouses – improvements to windows

Norton Parish Council – VAS signs

Elmswell Parish Council – set up emergency plan

If any local groups wish to make an application for funding please get in touch with one of your District Councillors shown below.

**The deadline for applications is 30<sup>th</sup> September**

and the funding should be allocated by the end of October.

Sarah Mansel 01359 245247 [sarah.mansel@midsuffolk.gov.uk](mailto:sarah.mansel@midsuffolk.gov.uk)

John Levantis 01359 240708 [john.levantis@midsuffolk.gov.uk](mailto:john.levantis@midsuffolk.gov.uk)

# Tostock Village Hall News August/September 2017



Our last meeting took place on Thursday, 29<sup>th</sup> June 2017.

**A VERY  
BIG  
THANKS!**

to everyone who helped with the **38<sup>th</sup> Tostock Art Show** and especially to Malcolm & Julie Unwin who lead their final Art Show team. We look forward to helping Diane Mathews & Vanessa Malcolm who enthusiastically shadowed this year's show and have kindly agreed to take over as the new organisers.



**Table Tennis Table Update** – we are very much hoping to get this installed soon. Apologies for the unforeseen delay.

**KEEP CALM &  
CEILIDH  
on.....**

The **Tostock Ceilidh** is hopefully returning in the New Year – when a GREAT FUN NIGHT, with good music, good dancing & good company will be just what we need to shake off any winter blues. Date to be confirmed soon.

**Village Hall Rate Review** - after five years of keeping our rate structure the same, the Committee has reviewed the prices that we charge for the use of the hall. The increases reflect the rising prices that we pay to maintain and run the hall, and have been kept to a minimum. The village hall user groups which were not present at our meeting will be advised of the changes very shortly.

£  
£  
£  
£

The next meeting of the Village Hall Committee will take place on Thursday, 14th September, 7.30pm.

## **TOSTOCK VILLAGE HALL YOUR LOCAL VENUE**

**Competitive Rates of Hire Round Tables**

**Insured for up to 120 people**

**Good Parking Marquees available for hire**

Contact Doreen Buckle on 270605 or [tostocktvh@hotmail.co.uk](mailto:tostocktvh@hotmail.co.uk) to reserve it for your Event





## **St Andrew's Church Tostock**

(Benefice of Pakenham, Norton & Tostock with Great Ashfield, Hunston & Stowlangtoft)

Priest-in-Charge Revd Katherine Valentine Tel 01359 235095

Email: [katherine@kavalentine.plus.com](mailto:katherine@kavalentine.plus.com)

## **SERVICES AUGUST -SEPTEMBER 2017**

Our beautiful and ancient church is open daily for visitors and private prayer.

### **AUGUST**

6th	9.30am	Holy Communion
13th	9.30am	Morning Prayer
27th	11am	PET SERVICE (see below)

### **SEPTEMBER**

3rd	9.30am	Holy Communion
10th	9.30am	Morning Prayer
24th	11am	HARVEST FESTIVAL

### **Countryside Church at The Croft**

**Mondays 21st August & 18th September - 10am.**

An informal service of prayer and praise for everyone, held at The Croft.

Come and sing your favourite hymns, chat with friends, and enjoy the refreshments.

## **ALL CREATURES GREAT AND SMALL**

**ANNUAL PET SERVICE SUNDAY 27TH AUGUST**

**11AM ST ANDREW'S TOSTOCK**

**Bring your pet to church!**

Everyone is welcome from across the Benefice & beyond to come to this special service when we give thanks for all animals, and especially our pets. All types of pets welcome - large and small. The service is informal (and sometimes a bit noisy!) - but it would be wonderful to see all your special animal companions, and each one will receive a blessing as we give thanks to God for all the joy, comfort and fun they bring us.

### **HARVEST FESTIVAL**

**24TH SEPTEMBER 11AM**

All are welcome to this traditional village celebration, giving thanks to God for his goodness to us in all the gifts of creation. We will pray for those involved in growing and producing our food, and remember farmers around the world who struggle to grow the food they need to feed their families. Gifts of food will be gratefully received and will be donated to the Bury Women's Aid Centre.

# St Andrew's Church News



The new lighting system is now working in Church , we are very grateful to *Andrew Welton* and his team for their work .

The led bulbs will be more economical to use and should last much longer , so no-one will need to get out the long ladder to replace them , which had to be done previously !

The up-lights show the carvings and construction of the roof , which is thought to be one of the widest in Suffolk . The heating system and the lighting were paid for from a donation generously left to St. Andrew's Church many years ago by the late Anne Morgan-Grenville , who was brought up at Tostock Place . At the time ,the PCC decided to invest the money until there was a specific project which needed to be done . In 2015 it was decided to replace the heating ,which was installed in 1964 , and in 2016 we felt that the Lighting was also no longer fit for purpose .

Our annual Art exhibition has been happening for nearly 40 years now and those of us who have been helping in various ways have endured many kinds of weather, from rain ,gales , bitter cold , until this year , When June really excelled itself ! It has been so hot this weekend ! The Church was the coolest place in the Village , but we did sell a lot of refreshments . Julie and her team were kept very busy supplying teas and cold drinks . The paintings on display were very interesting , with hares being a very popular topic . Thanks to *Malcom Unwin* and his helpers for organizing the weekend , and to all the stall-holders for their work , and to all who came to visit .

August is usually a quiet month for our activities , but there will be the Coffee Morning on **Tuesday August 8<sup>th</sup>, at 10:30 am . in the Village Hall .**

On July 19<sup>th</sup> , we held our Afternoon Tea , on a very breezy but cooler day at Flinders , The Green .There were the usual lovely cakes , a big Raffle , and lots of people catching up with friends . The Tea is always held in aid of Church Funds and thanks to the generosity of those who attended and those who kindly sent donations we raised £223 . Many thanks to all who came , and also to everyone who helped in any way .

The **Harvest Festival** will be on **Sunday 24<sup>th</sup> September at 11a.m.** when gifts will be collected for The Bury Refuge. They are always very Grateful for our tins and packets, fruit and Vegetables.

An early reminder of the **Harvest Supper**, to be held on

***Friday September 29<sup>th</sup>, at 7:30 pm in the Village Hall .***

Please book your places with Jeanne O'Reilly , 270337 .

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## Tostock People Pages

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### Doing something

I have lived in Tostock for the last ten years and in Elmswell for the previous thirty five years and I wondered if there was anything I could to help our lovely little Village.  
Sadly I don't mix very well and am rather insular. So My choices of help are rather limited. I pass in and out of our village every day down Church Road and back the same way, and on the way back, just recently lo and behold there was a job I could manage.  
The village sign at the entrance to the village was filthy. That was a job I could do on my own.  
So I returned with hot water, old rags and in the mood for cleaning.  
The sign was really filthy and took a bit of elbow grease to shift the algae and the embankment was a little more slippery than expected.  
But for someone that is nearer one hundred than ninety years of age I was quite proud of my small task.....

Albert Wellham

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### HILDA SMITH 100th YEAR GET TOGETHER

Hilda Smith, a much loved resident of The Croft who sadly passed away shortly before her **100th** birthday. Celebrations were planned for her birthday– **July 6<sup>th</sup>** to have a cream tea with friends.  
So friends and neighbours got together to celebrate and carry out her wishes by having a cream tea.  
All had a really pleasant time with many good memories



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Go on .....make this newsletter more interesting and interactive !

If anyone has any stories/ jokes/tips/advice to share

Please do not hesitate to contact me :Shirley Nice Tel :01359 271727

Email: shirley.nice@btinternet.com Mob: 07919116046

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**Tostock People Pages**

**CONGRATULATIONS !**



Arwen, had been self teaching herself gymnastics for around 6 months, then one sunny afternoon last year after the village fete, there was a knock at our front door , a very nice lady was standing there with our daughter "hello my name is Gloria Jones and I am a coach at Bury Spectrum gymnastics club, I've been watching your daughter on the green this afternoon and wondered if you have considered taking her to a gymnastics club, only she is very good !"

Well this now got me thinking After asking Arwen if she would like to go we then signed her up for a pay as you go teen gym night, and after just 3 months she was trialing for the advanced recreational class unfortunately she didn't quite make it but just 6 weeks later she trialed again and got her place, from there she has learnt so many new skills, In April she competed in her first competition winning a bronze medal on vault, just 1 month later she competed in the county competition again winning a bronze on uneven bars and qualifying for regional finals in this category, in regionals she came 11th out of 21 and was only 1point short of 3rd place, not disheartened by this, there was yet another competition on the 9th July for advanced recreational GG levels where she competed in all 4 categories, floor, beam, vault and bars at a level 4 scoring the highest mark on floor (12.50) and the highest vault score of 11.20 and second place on beam (11.0) and 4th on bars (9.0) as she had the highest score overall in her age group she won the gold medal, and to add the icing on the cake she scored the highest amount of points throughout the entire competition totalling 43.70 beating all the other 15 competitors giving her the 1st place trophy,

Well done Arwen keep up the hard work !

By Rachel Newport

**Reflection**

I look in the mirror and here's what I see  
A wrinkled old face, staring back at me  
Weathered and lined, it will never be more...  
The soft, downy flesh, of the babe, my mum bore.  
Tiny dull eyes, which had, when brand new  
Been fringed with dark lashes and violet blue  
Lips, then, were rosebuds, swollen, soft pink  
Now, narrow slash, sometimes blue as ink.

Gravity beckons my skin further south  
Changes don't stop at my eyes, or my mouth  
Parts of my body sag, nearer each day  
To the knees, I have used, so often to pray.  
Appendages too, which used to be pert  
Could be tied in a knot, but I think it may hurt  
Joints show their wear, in peculiar fashion,  
Nodules distort, causing exercise ration.

Feet are a nuisance, no longer a chance  
For the wish in my brain, to allow them to dance.  
Would I alter my station, be young again?  
Well, a whole-body transplant would help; but what then?  
The space in my head, where my brain used to be,  
Also needs rewiring but t'would not then, be me  
Decades of learning, too precious to lose,  
I have, now, the time, to think and peruse.

Wonderful memories, photo's and thoughts,  
Stories of mine, still yet, to be taught.  
To be young again, have unlined skin?  
No! A lifetime of treasures, are keeping, within.  
My dear friends and family, each life that I touch  
Have become the reflections, which I love so much  
And the image I see, looks just like my mum  
Who is waiting in heaven, for me to come.

Pauline's words 2017

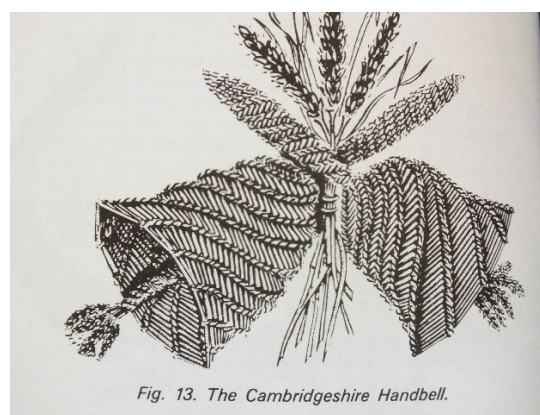
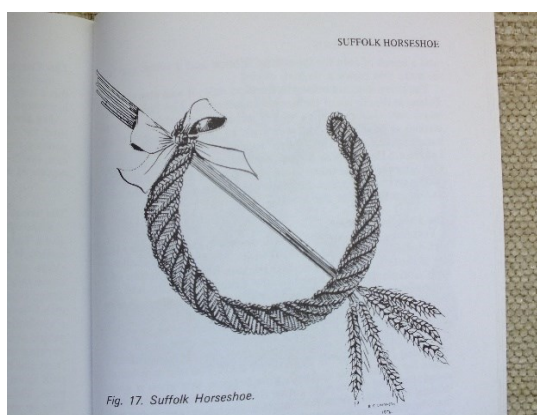
This edition we'll try something entirely different, a real country craft Corn Dollies that go back to the earliest times. They have played a significant part in rural folklore all over the world. Most ancient culture had myths purporting to explain the introduction of cereal crops as a gift of the gods and it was considered necessary to make offerings to the relevant divinities to ensure a plentiful harvest each year. Made from mainly stalks of wheat, oats, rye and barley. The making of figures and other objects from straw, especially from the last sheaf cut. The thought to derive from such offerings, and the art still flourishes today in many areas. If I can persuade just one person in Tostock to give it a go then I have succeeded, four people would be a bonus. It's a great opportunity for our young ladies during the school summer holidays. What you will need to help you is a great little book published by shire publications titled "Discovering Corn Dollies" by M. Lambeth price £5. Shire classics which you can find on the internet.

To get you started, now is a good time to nip out to the bottom of the garden and cut about twelve stalks of wheat once it is ripe from the field or you can buy proper kits from good art and craft shops or corn dolly specialists, the book will tell you where. The history of Corn Dollies – the celebration of the harvest is steeped in myth and legend, it was a time when sacrifices were made to the goddess of the earth and to all of mother natures growing seeds and plants. Primitive farmers believed that the harvest spirit responsible for the seed germination lived in the grain and the crop was cut, this spirit retreated into the last bit of corn left standing in the field at the end of the harvest. The last bundle of straw was then plaited into a unique talisman and was then carefully preserved throughout the winter months as a resting place for the spirit.

In the Spring the seeds from the plaited corn dolly was sown along with new seeds thus transforming this vital spirit force to ensure another plentiful and fertile harvest. The world-wide practice of making corn dollies is an ancient pagan craft and although designs may vary an understanding of the fertility of the earth underlies them all.

They are the outcome of the harvest and a way of saying thank you for the next successful and bountiful crop.

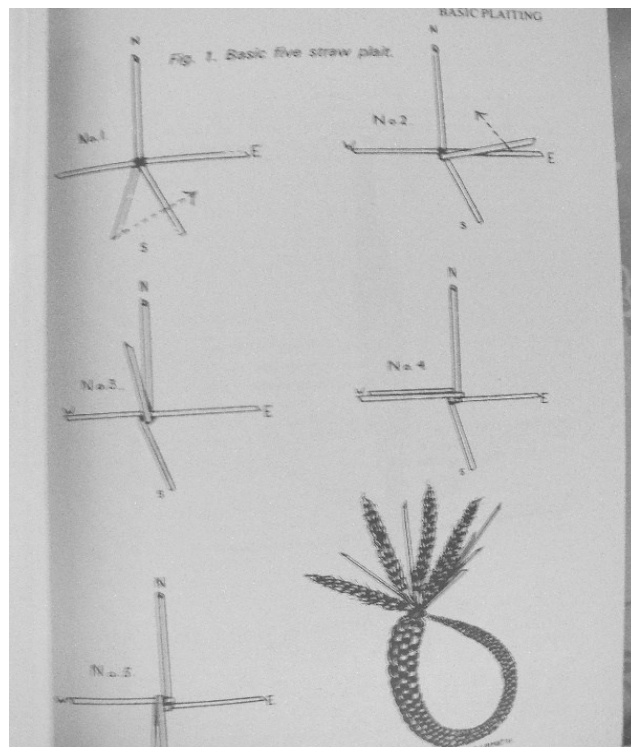
The plaited straw ornament often had a place of honour at the harvest banquet table. It is said that the name arises from a corruption of 'corn idol' although 'corn dolly' is a relatively modern term, possibly coined in the early 20<sup>th</sup> century by enthusiasts who turned the traditional cruder work into a complex craft. Before this they were known as kern, kern babies or maidens. Some have modern names which describe the style of a corn dolly from a particular region, here are 2 samples -



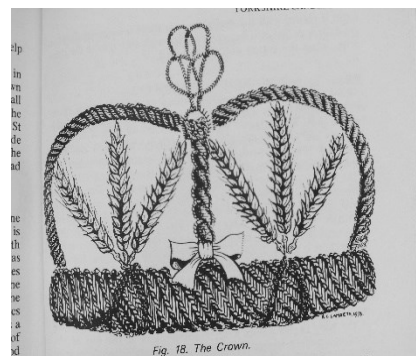
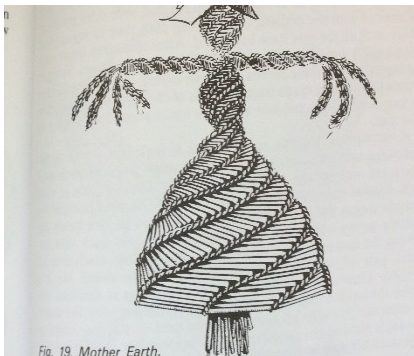
But not every county has a corn dolly design specific for their area. Several have ceremonies connected with them which are still re-enacted, such as 'Crying the Neck' in Cornwall. Others continue an age old custom where the corn dolly is replaced each year with a new one as the harvest comes in, such as the Whalton Kern Babby.

The beginner will find the 5 straw plait the best to work with for this produces a four-sided or square plait. Start by tying 5 straws together close to the ears as in figure 1. The fifth straw is to help in moving on from one corner fold to the next, each time the straw being folded passes over 2 corners, it is then left and the 1 at the last corner is picked up and used in its place until the round is complete. Figure 1 we have used N, S, E, W, to help with this round, and the 5 drawings gives the positions of the straws as you work the round. The illustrated loop of plait shows what this looks like when working without a core. Figure 2. shows the same plait worked round a core and the dolly when finished. One thing it is well to realise from the beginning is that the spirit which forms the attractive pattern is the natural outcome of round exceeding round.

CONTINUED



Here are some more examples of corn dollies for you to have a go at -



The meaning of the traditional ribbon colours -

Red is for Poppies in the fields

Blue is for the Cornflowers

Green is for New shoots and growing corn

Gold is the Ripe corn ready for the harvest

Brown is for Earth in which all things grow

If you do **give it a try** why not **show it off and enter it into the craft section** (number 55 or thereabouts) of the **Tostock village fruit and vegetable show**

I look forward to seeing your exhibits and taking photos of them on the show day – good luck

# Cars on the Green



This Years Cars on the Green was bigger and better than ever!

Special **THANK YOU** to **Brian Aitkin** for all his effort and hardwork in organising such a fantastic event.

Cars and motorbikes gathered from all over the country to share and enjoy these classics.







Photo's supplied by **Andy Knott**

The categories included this year were:

Pre War

Post War

Classics

And Motorbikes

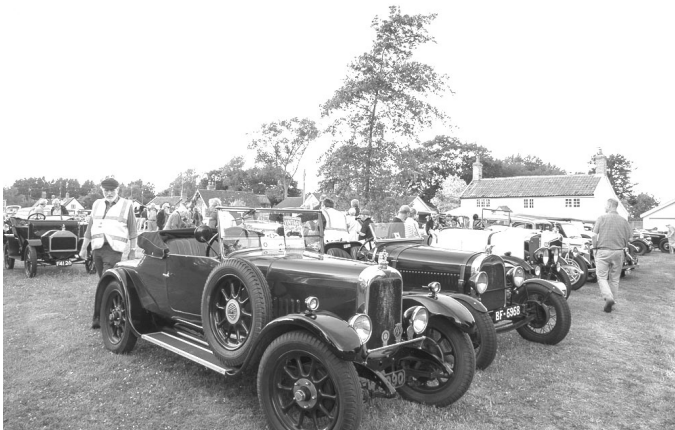
Next year we may include agricultural !

Something more to look forward to..

**June 21<sup>st</sup> 2018**

More details on website:

[www.thegardnerstock.co.uk](http://www.thegardnerstock.co.uk)



These two photo's supplied by **Jim Langlois**

# Fun Day at The Gardners

A Fun Day of Fundraising for the charity **E.A.C.H** was organised at *The Gardners* on Saturday 10th June by Jill and Steve Gardner, Which included bbq , music, bouncy castle, charity auction— and Steve bravely agreed to have his head shaved!



Before



During



After

(still as handsome as ever!)

This fun packed event have raised the fantastic amount of **£1800.00** For the charity **E.A.C.H.**  
 Special **THANK YOU** all for your support, donations and gifts including **Greene King** for the barrel of beer!  
 Well done Steve and his team!

\*\*\*\*\*



Photo's supplied by **Jim Langois**

Our annual Art exhibition has been happening for nearly 40 years now and those of us who have been helping in various ways have endured many kinds of weather, from rain ,gales , bitter cold , until this year , When June really excelled itself ! It has been so hot this weekend ! The Church was the coolest place in the Village , but we did sell a lot of refreshments . \*Julie and her team were kept very busy supplying teas and cold drinks . The paintings on display were very interesting , with hares being a very popular topic . Thanks to *Malcom Unwin* and his helpers for organizing the weekend , and to all the stall-holders for their work , and to all who came to visit .

\*Thank you to all that donated, most of yours containers have been returned except this one :



If anyone recognises it and would like it back please get in touch .

Julie Harrison : 01359 270247

# Caterpillar Working

# Weekend

Date: **Saturday 27<sup>th</sup> & Sunday 28<sup>th</sup> May**

Time: **10am - 4pm both days**

**Ryan Hanchett** was the event organiser for the Link Caterpillar Club.

This is the second event we have hosted, we are not sure if there will be another one next year as it depends on how far forward we are with landscaping for the Caravan and Camping Park.

**£1261** was donated to **East Anglian Air Ambulance** on the gate Saturday and Sunday daytime by spectators.

**£825** was raised from our private event Saturday evening for **MacMillan Cancer Care**.

A bbq was laid on for the participants late Saturday afternoon, with 'Tostock' sausages and meat served.

There were spectators who travelled from all over the country, Scotland, Wales and also, Germany.

We had lots of positive feedback from the participants and spectators commenting on what a success the weekend was.



There are details regarding models and details of Caterpillar machines and who attended are to be found in an article in the 'Classic Plant & Machinery' magazine: July 2017 Vol 15 Number 8 Pages 44—47

Thanks to **Paul Tofield**

# Tostock Flower and Vegetable Show



This year's show will be held on **Saturday 9<sup>th</sup> September, in Tostock Village Hall, at 2.30pm.**

The schedules will shortly be delivered to those who have taken part in the last few years, and will also be available from **Sharon Markell (tel. 271190) or Barney Harrison (tel. 270247).** There are a wide range of classes, with something for everyone. So join in the fun..... you might even win a prize!

This year there will be a new trophy in memory of Simon Reynolds, who has been part of the organising committee since the show's beginning. This trophy will be awarded to the winner of the "Best Tray" in the vegetable section of the competition. (Please contact Barney for details of this class.) This year is probably the 30<sup>th</sup> Flower and Vegetable Show held since 1985, when the show was held in June, on the same weekend as the Art Show.

The first "silverware" trophies were awarded at the 1986 show. We had to cancel in 2006 and 2012 as poor weather meant there were few entries to the show.

Please get your entries to 4 Perkins Way by **Saturday 2<sup>nd</sup> September.**

Julie Harrison, show secretary

Tel. 270247







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*inspire empower achieve*

# Open Evening

## Tuesday 26 September 2017

### 6.00pm – 8.00pm

At Thurston Community College, we firmly believe that every child matters. We are relentless in our pursuit of outcomes of the highest quality for every Thurston student. Come to see our fantastic learning environment, meet our outstanding staff and talk to our exceptional students. The Open Evening will provide an excellent opportunity to learn more about the College and to support your child's move to secondary education.

**Presentation led by Helen Wilson, Principal will take place at 6:00pm and 6.45pm**

Thurston Community College, Norton Road, Thurston, Suffolk IP31 3PB  
[www.thurstoncollege.org](http://www.thurstoncollege.org) 01359 230885 [admin@thurstoncollege.suffolk.sch.uk](mailto:admin@thurstoncollege.suffolk.sch.uk)

# THURSTON SIXTH

## BEYTON CAMPUS

# Open Evening

## Thursday 2 November 2017

### 6.30pm – 8.30pm

Thurston Sixth is delighted to offer an evening for prospective students and their families to visit our inspirational Sixth Form at Beyton. There will be guided tours and a chance to speak to current students about their courses and Beyton campus life. All subject areas will be open to explore, providing an opportunity to meet the expert staff who deliver our exciting and broad curriculum.

**Presentation led by Paul Potter, Head of Sixth Form and Vice Principal,  
will take place at 6:30pm and 7:15pm**

Thurston Sixth, Drinkstone Road, Beyton, Suffolk IP30 9AA  
[www.thurstoncollege.org](http://www.thurstoncollege.org) 01359 234557 [sixth.admin@thurstoncollege.suffolk.sch.uk](mailto:sixth.admin@thurstoncollege.suffolk.sch.uk)

# **Bury Bach Choir**

## **Charity Concert for Samaritans**

**Saturday 21 October 2017, 7.30pm**  
**St Mary's Church, Bury St Edmunds**

### **Fauré Requiem**

**and music by Mozart, Bruckner, Lauridsen and Taverner**

**Tom Asher** baritone  
**Fae Evelyn** soprano

**Bury Bach Choir**  
**James Recknell** organ  
**Philip Reed** conductor

Tickets £15  
The Apex Box Office 01284 758000  
or online from [www.burybachchoir.co.uk](http://www.burybachchoir.co.uk)

For this special charity concert in aid of Bury St Edmunds & West Suffolk Samaritans, the Bury Bach Choir performs Fauré's much loved Requiem with soloists Fae Evelyn and Tom Asher, both donating their fees to Samaritans.

The programme also includes several of the choir's favourite short pieces, including Mozart's *Ave Verum Corpus*, motets by Bruckner and John Tavener's *The Lamb* and *Song for Athene*; the latter gained worldwide popularity when it was sung at the funeral of Diana, Princess of Wales in 1997.

All profits will go to Samaritans. We hope our performance will fund many hours of sympathetic listening. In some cases it could prove literally lifesaving.

[www.burybachchoir.co.uk](http://www.burybachchoir.co.uk)

[www.samaritans.org/branches/samaritans-bury-st-edmunds-and-west-suffolk](http://www.samaritans.org/branches/samaritans-bury-st-edmunds-and-west-suffolk)



## Tostock Carpet Bowls Club



We have a few more friendly bowls matches left to play in the next month. The friendlies that we have played we have won.

Three members are attending the Presentation Evening at the end of the month. We won the Bury League East Division which ended in April and the club members will get individual trophies for this and the Bury League East v Bury League Division West trophy was won by us against Ashley.

The winter season starts towards the end of September when we will be going up to the **Premier League**, playing Stanningfield, Cockfield, Hundon, Withersfield, Ashley, Kirtling, Gt Whelnetham and Hoggards Green. Until then we will continue with our club nights on Thursday evenings.

Doreen Buckle

## Tostock Bookgroup



The August meeting of the bookgroup will be held on **Wednesday the 23<sup>rd</sup>**, at the home of Margaret Osborne at Beechfield Lodge, Norton Road. The book to be discussed is **The Queen & I** by Sue Townsend .

On **September 27<sup>th</sup>** Penny Taylor will host an evening of poetry, looking at **Shingle Street** by Blake Morrison. Penny lives in Flatts Lane at Eastgate House. Not much parking!

Julie Harrison 01359 270247

[harrisoj69@hotmail.com](mailto:harrisoj69@hotmail.com)



# Tostock Past and Present Society



In June and July our members enjoyed two outings. The first was to Mildenhall Museum, and we were all very impressed with the organisation and the Collections, and the hands on Interactive Displays.

The Museum which is run by some 60 volunteers, reveals in great detail the historical past of the Mildenhall area. We would encourage anyone interested in local history to visit it.

Our second outing was to Ousden House near Newmarket. We were made at home by the owners, who showed us round their stunning 8 acre garden and the converted coach house where they live. We are extremely lucky to have such a delightful setting on our doorstep.

Our programme resumes in September when we welcome back Peter Driver who will be talking about Suffolk Men who fought at Waterloo.

September 5th- Peter Driver - **Suffolk Men at Waterloo**

October 3rd-Donald Hill - **Caister Men Never Turn Back** (Caister Lifeboat)

November 7th- Stephen Cook - **The History of the Printed Book: from Gutenberg to the myth & mystery of the modern 1st edition**

Saturday December 2nd – Mark Mitchels - **A Christmas Miscellany: A celebration of the festive season**

All our regular meetings are in Tostock Village Hall and commence at 7.30pm on the first Tuesday of each month. Non-members are always welcome.

For further information contact Anthony Scully 01359 270482 email [a.rod.scully@gmail.com](mailto:a.rod.scully@gmail.com)

## Would You Like To Be Involved In Your Community!



**The Parish Council is short of members. A full council consists of 9 members.**

**We have 3 vacancies. Which can be filled by co-option.**

Could you inject fresh ideas, new perspectives and enthusiasm to the benefit of the village and community, then please consider becoming a Parish Councillor.

I am sure you agree a thriving Parish Council is needed to help look after the interests, services, environment and facilities of Tostock. If you can offer some time, share your particular knowledge and experience and get involved in areas of interest and concern, why not join the Parish Council.

Applicants must be over 18 and live or work in the village.

**For further information or to apply contact the Clerk, Marilyn Bottomley Phone 01284 789303  
email [marilyn.bottomley@btinternet.com](mailto:marilyn.bottomley@btinternet.com) OR contact one of the parish councillors.**



**Did you enjoy the Tostock Fireworks Evening?**

**Can you help with the organising of this year's event?**

It would be great to get it back off the ground again, but this can **ONLY** happen with greater support in organising everything that is associated with this fun family event.

Please email [hanahgracejones@hotmail.com](mailto:hanahgracejones@hotmail.com)

or call Alan/Hannah on 01359 272633

**to offer your help.**

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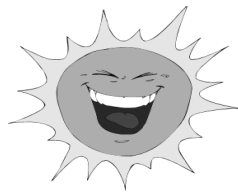


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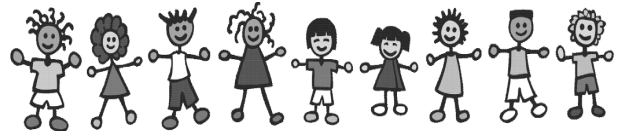
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**FRI : 08.30-17.30**  
**SAT : 08.30-16.00**  
**SUN : CLOSED**

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**DATES for your diary**


**August 2017**


**September 2017**


 **Tuesday 1<sup>st</sup>, 15<sup>th</sup>, 22<sup>nd</sup> & 29<sup>th</sup>**  
**Toddlers**  
9.45 – 11.30am - Village Hall


 **Tuesday 5<sup>th</sup>, 19<sup>th</sup>, & 26<sup>th</sup>**  
**Toddlers**  
9.45 – 11.30am - Village Hall

 **Tuesday 8<sup>th</sup>**  
**Coffee morning**  
10.30 - 12 noon - Village Hall


 **Tuesday 12<sup>th</sup>**  
**Coffee morning**  
10.30 - 12 noon - Village Hall


 **Tuesday 8<sup>th</sup>**  
**Past & Present:**  
7.30pm - Village Hall

 **Tuesday 12<sup>th</sup>**  
**Past & Present:**  
7.30pm - Village Hall

 **Wednesday 23<sup>rd</sup>**  
**Parish Council meeting**  
7.30pm - Village Hall

 **Thursday 14<sup>th</sup>**  
**Village Hall meeting**  
7.30pm - Village Hall


 **Wednesday 23<sup>rd</sup>**  
**Book Club**  
8pm - Norton Road

 **Wednesday 27<sup>th</sup>**  
**Book Club**  
8pm - Flatts Lane

 **Thursday 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> & 31<sup>st</sup>**  
**Bowls**  
7.30pm - Village Hall

 **Thursday 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> & 28<sup>th</sup>**  
**Bowls**  
7.30pm - Village Hall

 **Tuesday 29<sup>th</sup>**  
**Bingo**  
2.30-4pm - Village Hall

 **Tuesday 26<sup>th</sup>**  
**Bingo**  
2.30-4pm - Village Hall

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**Dates to Remember**

**Saturday 9<sup>th</sup> September**  
Tostock Flower and Vegetable Show - Page 23

**Thursday 2<sup>nd</sup> November**  
Open Eve—Page 22

**Tuesday 26<sup>th</sup> September**  
Open eve—Page 22

**Friday 17<sup>th</sup> November**  
Tostock Quiz—Page 21

**Friday 29<sup>th</sup> September**  
Macmillan coffee Morning Page 21

**Deadlines**

**Friday 29<sup>th</sup> September**  
Harvest Festival—Page 10

**Saturday 2nd September**  
Entries for the Flower & Vegetable Show

**Saturday 21<sup>st</sup> October**  
Bury Bach Concert- Page 20

**Saturday 30th September**  
Entries for the Locality Budget Awards