

More details and the latest up to date information,  
including a full colour version of the Chronicle  
is available on our village website.

**[www.tostock.pc.org](http://www.tostock.pc.org)**

# TOSTOCK CHRONICLE



Springtime

In

Tostock



# Tostock 41st Art Show

**Weekend of 20th and 21st June**

Saturday - 10am to 6pm

Sunday - 10am to 5pm

- St Andrew's Church
- Homemade teas and refreshments
- Plant and craft stalls



**CONTACT:**

07764 872900 or 07912 419936  
or [tostockartshow@gmail.com](mailto:tostockartshow@gmail.com)



**PREVIEW  
EVENING**

**Wine & Canapés**

**Friday 19th June**

**7pm to 9.30pm**

● Opportunity to make  
an early purchase

# **Tostock Parish Council**

# **Coronavirus Update**

**Tostock Parish Council would like to assure all residents that the Council will be active in ensuring assistance is available (if required) during the current period of restrictions due to Coronavirus.**

**If you require assistance with shopping, collecting medication or for any other reason please contact a member of the Parish Council,**

**or ask someone to do it on your behalf.**

**We are in contact with many people in the village who are able and willing to assist.**

**Woolpit Surgery** will be sending any ordered prescriptions for anyone self-isolating back into Tostock for two named volunteers to distribute, they will arrive in the village with one of the nurses (who happens to live here) about 4 days a week.

**Contact Details** on the **Village Website** and on **page 18** of the **Chronicle**  
More **volunteers** are **offering help** on the **nextdoor.co.uk website (Tostock)**

# Tostock Village Hall News: April/May 2020

## IMPORTANT NOTICE

### Temporary Closure of the Village Hall

In line with advice from our Government to limit or stop social gatherings at which the Covid 19 virus might spread, Tostock Village Hall is temporarily closed. The Hall will re-open as soon as we are safely able to.

All regular hirers and event organisers have been contacted and are aware of this situation. Should you have any further queries, please contact Hannah Jones via [hanahgracejones@hotmail.com](mailto:hanahgracejones@hotmail.com)

At the time of writing this article, Our PLAYING FIELDS remain open - please follow government guidelines regarding outdoor spaces and social distancing when using the playing field or the play area.

## TOSTOCK TEA PARTY ON THE GREEN

will be re-arranged at a time when it is possible for us to safely be together again!

TOSTOCK VILLAGE HALL COMMITTEE

**Our Annual General Meeting (AGM)  
is postponed until further notice**

### Wild Flower Meadow - initial sowing of seeds!7

Thanks to the people-power at the Tostock Tidy Day in March, the initial scattering of seeds for our wild flower meadow has taken place. In the next few months, paths will be cut through for walker to enjoy the new and important wild flower meadow. As you may notice the older goal posts have now been removed. It is hoped that we will **shortly install** some **smaller five-a-side goal posts** parallel to the basketball court at the village hall end of this playing field.



Please look after yourselves and your families as we go through these uncertain times together.



I am sorry I may have misled you all in believing that my main passions are all about wildlife birds and particularly Owls, it is true to a certain extent, but without doubt my number 1 passion truly is flowers. Ever since I was 5 years old I've loved and admired them. I use to go into F. W. Woolworths with my mother and marvel at the colourful attractive packets of seeds laid out on the counter in front of you. The main brand I remember was Bees seeds, even at that age of 5 I used to enjoy sending away for seed catalogues. Whatever happened to Bees seeds, I don't know if they are still in existence. My favourite seeds I loved growing were Negella (Love-in-the-Mist) and those paper flowers Helichrysums (The Everlasting or Straw flower) you dry off and they last for ever. My mother loved her cottage garden, her favourite were the tall Hollyhocks. There are 5 reasons or facts as to why I am so passionate about flowers –

1) Is their bright vivid colours such as the Scarlets, Mauves, Purples, Oranges, Pinks, Yellows and Crimsons, in fact all the colours of the rainbow. For instance you don't get these strong colours on the plumage of birds like you do on flowers.

2) is the various sizes the flower heads develop into from the tiny small of the Forget-me-nots to the penny size of the Primroses and Busy-Lizzies. Cup size of the Asters and Zinnias. Plate size of Clematis, right up to the giant dinner plate sizes of the Sunflowers and Dahlias.

3) is the fantastic shapes you get, for instance Star shapes, Bell and Heart shapes, Egg cup and Pear drop shape, diamonds, rounds, trumpet, spirals and fountains, Chinese lanterns and finally the sheer beautiful ballerina shapes of the Fuchsias.

4) Is the pure scent and fragrances of some varieties produce is most astonishing such as the Myrtles, Night-scented Stocks, Lilies, Lavender, Daphne, Honeysuckle, Jasmine etc. etc. .... and finally number

5) is the countless number of breeds and varieties of seeds and plants for us to choose from to germinate and grow on. Put all these facts together make flowers one of the most attractive living things on earth and nothing short of a fantastic miracle.

What I would like to do for this edition is to give a mention and recognition, also a big thank you to all the people who over the past years and present who are far more passionate and knowledgeable about flowers than I ever will be. The people I am referring to are our village church team of flower arrangers. When Penny and I first came to Tostock about 24 years ago it was very noticeable how beautifully decorated our Church was then and still is today. The standard seems to improve year on year. It is not just one arrangement we are talking about but many over the various areas throughout the Church. I won't write down the list of names of everybody concerned because it would take up too much space – you all know who you are. However, I would just like to mention **Jane Sherwood** who passed away recently, our condolences to her family. She was a fine example of what this team is all about and represent.

**Here are some of the arrangements for you all to enjoy :-**



continued



I am told the arrangers are all volunteers and dedicated people who give up many hours of their own free time, and contribute to the Church the flowers they grow themselves in their own gardens. The arrangements are freshened up or changed on regular occasions depending in line with the Church's year – Christmas, Easter, Harvest, Remembrance Day or they could depict our Country's special occasions or activities. A great deal of thought is put into each arrangement what the colour should be etc. in what it represents in its commemoration. The team are very skillful and artistic in what they produce. Over the years these lovely arrangements have represented Celebrations, Commiserations, Anniversaries, Centenaries, Bi-Centenaries, Historic and Sporting occasions, Bereavements, Births and Baptisms, Investitures,

Coronations of Kings and Queens and more recently the Millennium and the Queens Diamond Jubilee and Centenary to the end of the First World War, Andrew Marriott and Lauren Murphy's Wedding, and no doubt many more to come. If you live in the village and have never been into the Church then by all means do so, you are always most welcome, and it is absolutely free. Its not every day that you can say, you get something for nothing but you do here. Its open 365 days a year and you get to see a brilliant floral display, you are not likely to see as good as, anywhere else around here.

I put it on a par with going to a local art gallery, or National Trust small property or even a small museum, so by all means give it a try.



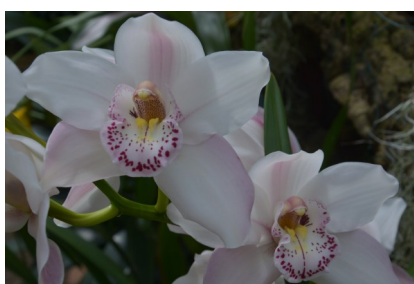
Once again our thanks to all our arrangers, as far as I am concerned you are our village's unsung heroes, your creations and skills are something us meaning the rest of us in Tostock and yourselves can be mighty proud of

Well done

I would also like to give a mention and thank you to Katherine our Rector and Rural Dean and all her team throughout the Benefice, Tostock Parish and Church Council, Church Wardens, Sue and her team of Bell ringers, Refreshment helpers, and in particular the Cleaners of the Church who do an immaculate job putting the final sparkle and shine on our lovely Church which is always looking spick and span. Thanks to the Village Hall Committee and Tidy-up crew, and anyone else I may have missed out.

And finally I can't imagine our countryside without our wild flowers, first of all the year starts with a sprinkle of Snowdrops, then the golden Daffodils, followed by the Spring Blossoms of the orchards, Primroses, then the hedgerows of wild Roses, Lilac, Rhododendrons, our heaths of Heather and Lavender, our beautiful Gardens and Parks with Tulips, our woodland carpet of Bluebells and finally at the end of the year the falling golden leaves of Autumn, and if that is not enough our indoor bouquets and floral arrangements truly makes Tostock an attractive place for flowers.

My favourite flower has to be the Orchids. To touch them they don't even feel real, more like silk or plastic, what is more amazing is their flowers can imitate bees and insects so as to get themselves pollinated by these insects – how fantastic is that. Here is a few photos of my favourite flower – Bee Orchid taken locally down Grove Farm



These 3 were taken at an Orchid farm in Jersey

Lets all get inspired this year by digging a small patch in the garden and sowing something new and different, such as a plant or flower that you would really like to have, and could change your life.

Good Luck





# St Andrew's Church Tostock

(Benefice of Pakenham, Norton & Tostock with Great Ashfield,  
Hunston & Stowlangtoft)

Rector: Revd Katherine Valentine Tel 01359 235095

Email: [katherine@kavalentine.plus.com](mailto:katherine@kavalentine.plus.com)



**Website:** for more details of all our churches - including Tostock - see the national Church of England website [www.achurchnearyou.com](http://www.achurchnearyou.com)

Our benefice Church magazine is also available online at [www.vcnews.org.uk](http://www.vcnews.org.uk)

## APRIL- MAY 2020

Our beautiful and ancient church is open daily for visitors and private prayer.

**ALL PUBLIC WORSHIP IS SUSPENDED DUE TO THE CORONA VIRUS IN ACCORDANCE WITH NATIONAL CHURCH GUIDELINES.**

**However 4 of our churches are remaining open** every day for private prayer - please feel free to come in and use your local church to pray for this crisis that is affecting everyone - but especially the sick and the vulnerable. Hand washing facilities are available in each church. Please wash your hands when you first come in and when you leave.

The open churches are:

**Tostock:** 10am-4pm

**Great Ashfield** - 9am-4pm

**Norton:** 10am-4pm

**Pakenham:** 9am-5pm

Inside each church you will find a prayer station; Norton, Pakenham and Great Ashfield have prayer trees where you can tie your prayer to a branch (bring your own pen is probably safest), and Tostock has cards you can place in a box. Otherwise feel free to just sit quietly and pray. There will be some prayers available to help you on cards or leaflets. If you use one please take it away with you after use - either to dispose of at home or to continue to use at home yourself. Do not pass it on to others. Clergy will be saying prayers in all 4 churches during the week and on Sundays to pray for all the people in our villages and for the world-wide health crisis. We will pray especially for all those who are sick or anxious and for our Health Service.

### **Services from the Cathedral:**

The following services will be streamed LIVE from the Cathedral in Bury St Edmunds:

- **Evensong/Evening Prayer** Monday -Friday at 5.30pm, Saturday and Sunday 3.30pm
- **Sunday Eucharist** at 10.00 am

the link is on the cathedral website: <https://stedscathedral.org>

### **Daily Prayer with the Bishops**

Our bishops are also live streaming Daily Prayer and the link to this is on the front page of the Diocesan website: <https://www.cofesuffolk.org/>

**Prayers at home** are on the leaflets in our open churches for your own use.

**CHURCH ANNUAL MEETINGS.** These have been postponed.

We will endeavour to publicise any new future arrangements as they occur - things are changing so fast! - on the website A Church Near You, and Church and Village notice boards. Please take care and keep safe. Please feel free to contact me by phone or email - even if you just want to talk to someone! You are all in my prayers. Revd Katherine Valentine.

Here is a prayer you may like to say for our village and friends & neighbours.



**A prayer for our communities.** (adapted from a prayer by Michael Botting)

Heavenly father,

Look in love on all our friends and neighbours in this village.

Keep them from harm, deepen our friendship, and in this time of trouble help us to prove to be good neighbours ourselves,



# St Andrew's Church News



The work in the Church has now been completed , the new door is finished and repairs to the plasterwork have also been done . It was quite a job to clean up after the plasterwork , but it got sorted at last thanks to **Sally O'Brien** who was on the cleaning rota for this week .

At the recent PCC meeting, one of the items discussed was the list of Rectors of Tostock which is on the wall near the door .

This was created and researched by **Jane Sherwood** many years ago and needs up-dating . After discussion , it was decided to see if this could re-used or a new list could be made .

A letter of thanks has been received from the Bury Refuge for the many gifts which were given at Christmas by the congregation at the Carol Service –

**thanks to all who contributed .**

A further reminder to anyone who is interested in providing **lilies** in memoriam to decorate the Church at Easter – a stem of lilies usually costs £1:50 ,

but we have to order them in advance ,so if you would like to help please contact:

**Julie Harrison or Jeanne O'Reilly**

The April Coffee Morning will be on Tuesday 14<sup>th</sup> ,at **10:30 in the Village Hall.**

The Floodlights are sponsored in April by **Maureen** and **John Cytacki** for family and friends .



## TOSTOCK TIDY DAY

14<sup>th</sup> March 2020



Thank you to everyone who came to help on the first tidy day of 2020 including those who served the cake, biscuits, teas and coffees at the end. Special thanks to **Flo Jones** who baked the chocolate cakes. They were marvellous and disappeared rather quickly.

We achieved a lot in the time including;

- i) Helping the Village Hall with planting wild flower bulbs and seeds. Hopefully we will see some wild flowers in bloom on the field in the near future.
- ii) Sweeping and tidying the edges of the pavement leading up from the Village Hall on Norton Road.
- iii) Tidying the edges and sweeping the pavement and gutter from the junction of the Leys with the Green round to the top of New Road.
- iv) With help from **Mike** and **Bee Baully** the pile of hedge cuttings outside the village hall was removed and we took down the redundant goal posts.

Overall we feel it was another successful morning so thanks to everyone who attended and helped. It's a great way to maintain and improve the village for us all.

We now look forward to our next Tidy Day on the **13th June** so if you are interested in helping please contact one of us and we can put you on to our growing list of volunteers.



### **TOSTOCK TIDY DAY DATES FOR 2020**

Following on from a successful year in 2019 we propose to have four tidy days this year to maintain the momentum.

It is hoped that as many villagers as possible will turn out on the designated days to undertake various tasks to improve the amenities in the village.

We have identified the following four Saturdays for tidy days which we would like you to note in your diary:

**From 10am at Village Hall                      13<sup>th</sup> June,                      22<sup>nd</sup> August,                      7<sup>th</sup> October**

We will put out further reminders closer to each of the dates. Hopefully you will be able to come and support us and get involved. If you have any questions or wish to suggest tasks which could be done as part of this initiative

please contact:- [jimlanglois@btinternet.com](mailto:jimlanglois@btinternet.com)

## Tostock Past and Present Society



Following a good start to the year we are **cancelling** the April, May and June meetings for obvious reasons. We hope to resume our regular Tuesday meetings on September 1st with Mike Wabe who will be talking about the history of the Town Crier.

At this moment in time we are not calling off the visit to Suffolk Farmhouse Cheeses and their working dairy at 2pm on Thursday July 9th. We will be giving members an update nearer the time.

Many thanks to our first 3 speakers of the year. John Parnum on Great British Engineers, Will Lord on the 21st century caveman in our time, and Doug Patterson on the Mughal Cascade. All were well attended and the feedback was very positive.

For further information contact Anthony Scully 01359270482 email [a.rod.scully@gmail.com](mailto:a.rod.scully@gmail.com)

Report from the

### Bowls Club.

Our thanks to **Jim Langlois** for his photography and photographs.



Our last four games due to be played by the end of April has been cancelled due to the coronavirus and also club nights until things improve.

We do not know how the Bury Leagues, Premier, East And West Divisions will pan out with unplayed games but there will be a committee meeting in the near future so we will have to await the outcome of this.

Doreen Buckle



## **\* Notes from the Tostock Parish Council Meeting on on Wednesday 11<sup>th</sup> March 2020**

**Present:** Chair: P Fletcher, J Kearsley (Vice-Chair), D Blundell, O Boland, G Macdowall, N Cytacki, M Johansson and CC J Storey, District Councillor Wendy Turner and Mrs S Burman (Clerk)

8 Members of the Public

**Apologies** received from P Boland, DC Harry Richardson.

### **Reports.**

#### County Councillor:

**County Councillor Jane Storey:** Ipswich Northern Bypass route not proceeding. Shift focus to cycling and bus routes. Highways Investments/Suffolk 20/20 Fund. Body Cams for school crossing patrol staff. Highways are waiving fees for VE/VJ Day celebrations. There is a directory for shops that provide goods into customers own containers in order to reduce packaging. Colchester will have a new regional Orthopaedics Centre – NHS.

#### District Councillors:

Reports circulated to all councillors previously. **Cllr Harry Richardson** had sent a report including MSDC approval of 1.66% increase in its share of council tax meaning a £2.76 per year increase on a Band D property, no change in the Council Tax Reduction Scheme, a change to the empty property discount and continued investment in CIFCO which makes a significant contribution to monies required to run council services. A reserve of £500,000 has been set aside for climate change. **Councillor Wendy Turner** had sent a report outlining 300 more houses passed for building in Woolpit, the push for MSDC to build more zero carbon homes and promote EV charging points. Tostock Toddler Group received £625 towards equipment for their sensory area and a dance teacher from the councillor Turner's locality budget.

#### Chairman:

Cllr Fletcher reported that the annual parish meeting for electors of the parish was being held on 8<sup>th</sup> April 2020. Regarding recording of meetings, after the inconclusive discussion at the last meeting it was felt sensible to leave recording up to individual councillors if they so wished. The chair wished to see some of the 'updates' subjects removed from the agenda – to be brought back on when required. Re Corona Virus – there was no official government advice at this time.

#### Village Hall:

Cllr MacDowall reported that the Village Hall Committee meet at the end of March.

### **Public Forum:**

Cllr Olivia Boland wished to thank the parish council for donating the Christmas Tree when it was done with, to the animals who had enjoyed it.

A resident asked why the precept had gone up by 13.8% when 11.3% had been asked for. The vice chair explained that this was due to the tax base having changed and the clerk mentioned that it amounted to an approximate average of £4 per household per year. The chair explained that the parish council had set an austere budget as previous budgets had relied on borrowing from reserves for revenue spending. Although Parish Council reserves are healthy, there will be a need for replacements of council assets in the future. It is not prudent to use reserves to balance the budget. Having said this the PC will be using £1K of reserves this year and the same next in order to ensure revenue spending can continue. By 2022/23 finances should be back on track.

### **UPDATES:**

#### SID Speed Indicator Displays:

After an explanation by the chair of the findings and discussion of the merits of using the local company Westcotec (from Dereham) it was agreed to purchase the display unit without the data collection unit which could be added on at a later date if deemed necessary. Solar power was not the way forward for the unit as some areas where the unit will be 'posted' will be in full shade. Councillor Boland extolled the merits of ordering from abroad but this would mean high import tax and not being able to claim the VAT back. Customer service back up should be excellent from such a local company and Cllr Storey reported that many villages have the same make and are satisfied. Purchase was proposed by Cllr Kearsley and seconded by Cllr Cytacki. 7 in favour, 1 abstention.

Cllr Fletcher proposed the spend in total be £2,950 (£2,800 for the unit and an extra £150 for brackets etc) this was seconded by Cllr Cytacki. 7 in favour, 1 abstention.

#### 30 MPH limit extensions on roads leading to and from the village.

Ongoing. Cllr Olivia Boland brought up the subject of a petition by the residents of Church Road and a discussion was held reminding all that the parish council had already discussed and voted on this on 13<sup>th</sup> November 2019.

continued

**\*Full report is available to view on our village website [tostockpc.org.uk](http://tostockpc.org.uk)**

Church Road does not meet the criteria for Highways to review – The Leys and Norton Road remains open to possible changes because it is part of a National Cycle Path and takes considerable pedestrian traffic due to The Leys and adjacent footpaths. To be removed from updates.

SALC Training: (Suffolk Association of Local Councils.) The Clerk had attended the preparing for audit course and the clerks networking morning.

BENCHES: No changes. One bench in capable hands and will be reinstated. Village Hall have had an offer of a memorial bench. To be removed from agenda.

LOCAL PLAN/NEIGHBOURHOOD PLAN: Cllr MacDowall and Cllr Storey had discussed and due to a new minister coming into post agreed to remove this from the agenda for 6 months. To be brought back on in September. Cllr Kearsley felt the Local Plan coming into agreement would be useful and apply to Tostock development plans. Cllr MacDowall stated the importance of hinterland villages like Tostock having a neighbourhood plan as land would be at a premium in the future. The average build according to the Local Plan could be 40 houses per hinterland village.

TO CONSIDER PARISH COUNCIL INVOLVEMENT IN NEW MOBILE GP/PHARMACIST PROJECT.

Councillor Olivia Boland talked at length about the importance of surgeries being carbon neutral. The populations of Thurston, Woolpit and Elmswell doubling. Village hall could make money by renting a room to a GP weekly. Video consultations more difficult for elderly who do not understand IT. Mobile GP better for disease resistance.

A motion was put forward by the chair: Should Tostock Parish Council pursue looking into a mobile GP/pharmacist?

Proposed by P Fletcher, seconded by J Kearsley. 7 against, 1 abstention.

#### **\*PLANNING :**

Planning application:DC/20/00722 Land adjoining Foresters, New Road.

A discussion was held and it was agreed the Clerk would write on behalf of the council, reporting the same objections as last time- this is outside the planning boundary and out of keeping with the area.

Planning application:DC/20/00723 Porch at The Poppies, Perkins Way.

The parish council had no objection. Clerk to write to planning department.

LITTER PICKER CONTRACT, TREE OFFICER & FOOTPATHS OFFICER:

Cllr Kearsley proposed accepting the application for renewing the litter picker contract at a cost of £906.88 per year.

Seconded by Cllr Cytacki. No other applications were received. 6 in favour. 1 abstention. Cllr Fletcher abstained from discussion and voting

An expression of interest in the footpaths officer's roles had come from John Cytacki and Adrian Malcolm which was warmly welcomed by all in favour of them sharing this role. Proposed by Cllr Kearsley, seconded by Cllr Fletcher.

6 in favour, 1 abstention. Cllr Cytacki abstained from discussion and voting.

TO APPROVE TOSTOCK PARISH COUNCIL POLICY OF COPYING COUNCILLOR EMAILS TO PARISH COUNCIL EMAIL ADDRESS

(ie clerk@tostockpc.org.uk)

The chair stated that the parish email address was specifically set up as a repository for a full record after the previous clerk left post leaving the parish council with no record of mail pre 2018. It is useful for transparency, councillor safety and continuity. It is not relevant who the clerk is – and is desirable so that in the event of a change in clerk there is traceability. SALC advise normal housekeeping is that this is minuted as policy of Tostock Parish Council. At this point Cllr Olivia Boland spoke at great length. The vice chair closed this item on the agenda by speaking carefully to Cllr Olivia Boland. He asked her to put her concerns in writing and they would be addressed by the chair and the vice chair.

COUNCILLORS REPORTS & ITEMS FOR FUTURE AGENDA:

Cllr Blundell stated that management of councillor's speaking times and etiquette was not being adhered to and reiterated that he would like to see councillors indicate to the chair when they wished to speak to prevent meetings being monopolised by one councillor only.

Cllr Oliva Boland stated in her view it would be nice to see trees planted on the village green.

**DATE OF NEXT MEETING:** To confirm the date of the next Parish Council meeting as

**Wednesday, 15<sup>th</sup> April 2020 at 7.30pm in the village hall.**

**The Annual Parish Meeting is on Wednesday 8<sup>th</sup> April 2020 at 7.30pm in the village hall.**

\*no planning meetings – councillors will advise the chair their views plus any public that would have liked to speak and the chair will instruct the clerk to write to planning dept.

**\*Full report is available to view on our village website [tostockpc.org.uk](http://tostockpc.org.uk)**



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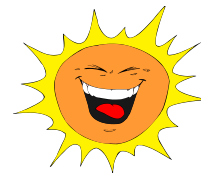
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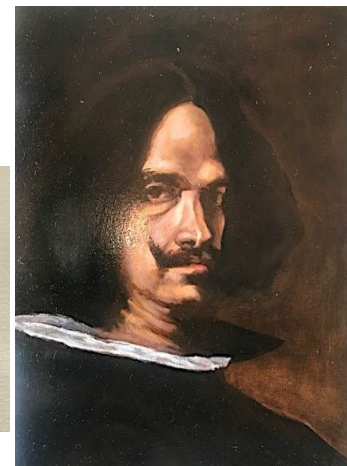
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by Tostock-based artist Charlotte Kearsley

[www.charlottekearsleyartist.com](http://www.charlottekearsleyartist.com)

[info@charlottkearsleyartist.com](mailto:info@charlottkearsleyartist.com)

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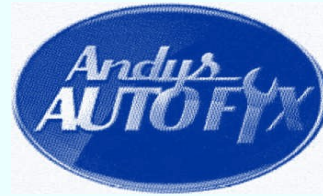
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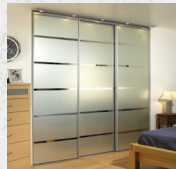
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CONTACT

**ANDY NICE**

For a free no obligation quote

PHONE: 01359 271727 MOB: 07747 846562

WEBSITE: [www.apnwardrobes.co.uk](http://www.apnwardrobes.co.uk)

EMAIL: [andynice@btinternet.com](mailto:andynice@btinternet.com)



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Sat 7.30am – 4.00pm

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The Office

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IP30 9PG

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[www.gl-cars.co.uk](http://www.gl-cars.co.uk)

# DING DONG AVON CALLING!



My name is Mel and I'm the local Avon rep living in Tostock.

If anyone is interested in a brochure, please text/call or email me with you address and I will drop the latest brochure off.

**Mel**

07535412793

mel73d@hotmail.co.uk



## TOSTOCK TODDLERS

*A Friendly Group for Babies and Toddlers, All are welcome.*

*Runs most Tuesdays during term time\**

**9.45-11.30**

**Tostock Village Hall**

**Jo 07825380225 or Emma 0748479844**



### Gaya Make Up Artist

Located in the lovely quaint village of Tostock. Certified with over 20 years of experience. I am here to help you look more beautiful and fresher, nothing better than a perk me up for that special occasion!

*Pamper free, Vegan and Cruelty free makeup available. Make an appointment Now!*

**Gaya  
Hayman**

07734713992 or find me on Facebook!

#### HOURS OF OPERATION

*Monday, Tuesday, Wednesday*

*9am - 2pm, 5pm - 8pm*

*Thursday, Friday*

*9am - 2pm*

*Saturday 11am - 5pm*

Services	Adult	Student
Make Over	£40	£30
Eyebrow Threading	£15	£10
Face Threading	£25	
Lashlift & Tint	£30	£25
Tint	£8	£5

*Hair blow dry/  
plaits/braids/ buns £15 - £100  
Depending on hair length.*

*Bridal Make Up £80 - £280  
(Depending on location and intricacy of  
the hair and makeup style you would like.  
Trials are 30% of cost)*

*Face painting £3 - £40  
Depending on the Event & size of  
facepaint, Halloween, summer fair etc.*

**Gaya Make Up Artist  
07734713992**

*Strawberry Cottage  
Norian Road, Tostock IP20 9PT  
gaya20@gmail.com  
facebook: Gaya Make Up Artist*



## Useful contacts in our Community

### **Tostock Parish Councillors**

Chair: Pip Fletcher  
ViceChair: Julian Kearsley  
David Blundell  
Graham MacDowall  
Nick Cytacki  
Peter Boland  
Olivia Boland  
Marie Johansson  
Jane Storey

**Parish Council email:** [clerk@tostockpc.org.uk](mailto:clerk@tostockpc.org.uk) Sharon Burman  
[pipfletcher@btinternet.com](mailto:pipfletcher@btinternet.com) 01359 270456  
[juliankearsley@btinternet.com](mailto:juliankearsley@btinternet.com)  
[Tostock.design@btinternet.com](mailto:Tostock.design@btinternet.com)  
[crispincottage@hotmail.com](mailto:crispincottage@hotmail.com)  
[nickcytacki@gmail.com](mailto:nickcytacki@gmail.com) 01359 271481  
[Peter.boland@gmail.com](mailto:Peter.boland@gmail.com)  
[olivia@tostockanimalparks.co.uk](mailto:olivia@tostockanimalparks.co.uk) 01449 616465  
[oldhallstables@btinternet.com](mailto:oldhallstables@btinternet.com)  
[JaneStorey@suffolk.gov.uk](mailto:JaneStorey@suffolk.gov.uk)

### **Footpath Officers**

Adrian Malcom & John Cytaki

### **Tree Officer**

VACANT

### **Litter Picker**

Jim Langlois [jimlanglois@btinternet.com](mailto:jimlanglois@btinternet.com) 01359 270456

### **Suffolk County Council**

Jane Storey [JaneStorey@suffolk.gov.uk](mailto:JaneStorey@suffolk.gov.uk) 01359 240555

### **St Andrews Church**

Rector: Katherine Valentine [katherine@kavalentine.plus.com](mailto:katherine@kavalentine.plus.com) 01359 235095  
Friends/Warden: Jeanne O'Reilly 01359 270337  
Bell Ringers: Sue Marriott 01359 270143  
Poor's Estate: Sharon Markell 01359 271190

### **Village Hall**

Chair: Graham MacDowall [crispincottage@hotmail.com](mailto:crispincottage@hotmail.com)  
Hall Bookings: Doreen Buckle [tostocktvh@hotmail.co.uk](mailto:tostocktvh@hotmail.co.uk) 01359 270605

### **Pub**

The Gardners: Steve & Jill Gardner 01359 270460

### **Clubs**

Past & Present: Sarah Scully 01359 270482  
Tennis Club: Elizabeth Dunn [ejd1@talktalk.net](mailto:ejd1@talktalk.net) 01359 270270  
Susie Walton [fswalton@icloud.com](mailto:fswalton@icloud.com) 01359 271976  
Book Club: Julie Harrison 01359 270247  
Carpet Bowls: Doreen Buckle 01359 270605  
Toddlers: Julie Harrison 01359 270247

### **Media**

Tostock Chronicle: Shirley Nice [shirley.nice@btinternet.com](mailto:shirley.nice@btinternet.com) 01359 271727  
Sarah Reader [reader-family@tiscali.co.uk](mailto:reader-family@tiscali.co.uk)  
Jim Langlois- Photography [jimlanglois@btinternet.com](mailto:jimlanglois@btinternet.com) 01359 270456

### **Website:**

Diane Mathews [www.tostockpc.org](http://www.tostockpc.org)

\*Anyone wishing to add their email, please get in touch.

### **Services**

#### **Health**

Woolpit Health Centre 01359 240298  
Out of Hours 111  
West Suffolk Hospital 01284 713000  
Samaritans 01284 750000  
Drugs Hotline 0800 253 253  
Dial a Ride 01284 724545

#### **Travel**

Bus: [www.travel-galloway.com](http://www.travel-galloway.com) 01449 766323

#### **Police**

Non-emergency 101  
Crime Stoppers 555

#### **Leisure**

Cineworld 0330 333 4444  
Theatre Royal 01284 769505  
Apex 01284 758000  
Picture House 01284 754477

DATES TO REMEMBER

APRIL 2020

Wednesday 8<sup>th</sup>



**ANNUAL PARISH MEETING**  
Village Hall from 7.30pm

Wednesday 15<sup>th</sup>



**PARISH COUNCIL MEETING**  
Village Hall from 7.30pm

**ALL WELCOME**

Please come, excellent opportunity for everyone in our community

\*\*\*\*\*

MAY 2020

Saturday 9<sup>th</sup>



In honour VE day 75 years  
celebrations Fun & Games on the  
Village green

Wednesday 13<sup>th</sup>



**ANNUAL PARISH COUNCIL MEETING**  
Village Hall from 7.30pm

**ALL WELCOME**

Please come, excellent opportunity for everyone in our community

\*\*\*\*\*

**SAVE THE DATES**

Saturday 13<sup>th</sup> June



**TOSTOCK TIDY DAY**  
Village Hall



**Preview Evening, Friday 19th June**

**Art Show, Saturday, 20th and Sunday, 21st.**  
St Andrews Church

REGULARS



Toddlers

Each Tuesday morning of the month  
\*except 2<sup>nd</sup> Tues 9.45-11.30am



Bowls

Each Thursday evening of the Month  
7.30pm



Coffee mornings

Every 2nd Tuesday of the Month  
10.30 -12noon



Past & Present

Every 1st Tuesday of the Month  
7.30pm



Bingo

Every Last Tuesday of the month  
2.30pm

**All welcome and all held at the  
village hall**

Tostock Village Website



**www.tostockpc.org.uk**

Visit our website to see the Chronicle in full colour  
along with the latest other interesting articles  
and information.

(click on 'our village' in the menu to find the link for the Chronicle)

NEXT EDITION: Is for

**June/July 2020**

Please may I have your contributions

on or **BEFORE 19<sup>th</sup> May 2020**

preferably in word, much appreciated.

[shirley.nice@btinternet.com](mailto:shirley.nice@btinternet.com)

**NOTICE.**

**DUE TO CORONAVIRUS**

**ALL EVENTS ARE CANCELLED UNTIL FURTHER NOTICE**

**PLEASE CHECK THE WEBSITE FOR THE LATEST DETAILS**

# **EXHIBITION of INGENIOUS MACHINES**

## **All proceeds to EACH**

**Saturday 23rd & Sunday 24th May 2020  
10am to 4pm at Tostock Village Hall**

**Adults £2**

**Children (under 12) £1**

**Some machines require £1 to operate**

**STEM inspired event**

- Bombs Away Automata
  - House on Fire Automata
  - Rock Musicians Automata
  - Dinosaurs Automata
  - Squash Mixing Machine
  - Lego Sorting Machine
  - Chladni Plate
  - Rube Goldberg Chain Reaction Machine
  - Marble run from Cardboard
  - Jazz musicians in miniture
- 
- **Schrödinger's Clock® Museum Piece**



**Refreshments available**

**Tostock Village Hall, Norton Road, Tostock,  
Bury St Edmunds ,Suffolk IP30 9PT**

For more information contact  
John Parnum 01359 270874 [johnparnum@yahoo.com](mailto:johnparnum@yahoo.com)