

TOSTOCK CHRONICLE

August/September 360

More details and the latest up to date information,
including a full colour version of the Chronicle
Is available on our village website.

www.tostock.pc.org

Remembering an era

A wreath will be laid at the Flag pole on

Sunday August 9th at 11 am

to remember the 75th Anniversary of VJ Day



The end of an Era



The sad loss of

Reta Stevens

recently



Reta Stevens and Jean Wheeler ran **The Post Office from 1966 – 1994.**

As well as being the Post Office they sold everything from mouse-traps and shoelaces to groceries .

They provided a great service to the people of Tostock for many years .

Contacts in our Community

Tostock Parish Councillors

Burman

Chair: Pip Fletcher
 ViceChair: Julian Kearsley
 David Blundell
 Graham MacDowall
 Nick Cytacki
 Peter Boland
 Olivia Boland
 Marie Johansson
 Jane Storey

Parish Council email:

clerk@tostockpc.org.uk Sharon

pip.fletcher2@btinternet.com 01359 270456
juliankearsley@btinternet.com
Tostock.design@btinternet.com
crispincottage@hotmail.com
nickcytacki@gmail.com 01359 271481
Peter.boland@gmail.com
olivia@tostockanimalparks.co.uk 01449 616465
oldhallstables@btinternet.com
JaneStorey@suffolk.gov.uk

Footpath Officers

Adrian Malcom & John Cytaki

Tree Officer

VACANT

Litter Picker

Jim Langlois

jimlanglois@btinternet.com 01359 270456

Suffolk County Council

Jane Storey

JaneStorey@suffolk.gov.uk 01359 240555

St Andrews Church

Rector: Katherine Valentine
 Friends/Warden: Jeanne O'Reilly
 Bell Ringers: Sue Marriott
 Poor's Estate: Sharon Markell

kavalentine677@gmail.com 01359 235095
 01359 270337
 01359 270143
 01359 271190

Village Hall

Chair: Graham MacDowell
 Hall Bookings: Doreen Buckle

crispincottage@hotmail.com
tostocktvh@hotmail.co.uk 01359 270605

Pub

The Gardners: Steve & Jill Gardner

01359 270460

Clubs

Past & Present: Sarah Scully

01359 270482

Tennis Club: Elizabeth Dunn

ejd1@talktalk.net 01359 270270

Susie Walton

susiewalton85@gmail.com 07793406076

Book Club: Julie Harrison

01359 270247

Carpet Bowls: Doreen Buckle

01359 270605

Toddlers: Julie Harrison

01359 270247

Media

Tostock Chronicle: Shirley Nice

shirley.nice@btinternet.com 01359 271727

Sarah Reader

reader-family@tiscali.co.uk

Jim Langlois- Photography

jimlanglois@btinternet.com 01359 270456

Website:

Diane Mathews

www.tostockpc.org

*Anyone wishing to add their email, please get in touch.

Emergency	Police/Fire/Ambulance	999
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Services

Health

Woolpit Health Centre 01359 240298
 Out of Hours 111
 West Suffolk Hospital 01284 713000
 Samaritans 01284 750000
 Drugs Hotline 0800 253 253
 Dial a Ride 01284 724545

Police

Non-emergency 101
 Crime Stoppers 555

Leisure

Cineworld 0330 333 4444
 Theatre Royal 01284 769505
 Apex 01284 758000
 Picture House 01284 754477

Travel

Bus: www.travel-galloway.com 01449 766323

NEXT EDITION: Is f or **OCTOBER/NOVEMBER 2020**

Please may I have your contributions on or

BEFORE 19th SEPTMBER

preferably in word or publisher format, much appreciated.

shirley.nice@btinternet.com

01359 271727

www.tostock.pc.org

Poppy Appeal 2020 update



The priority of this year's appeal is the safety of all those involved and not to put contributors and volunteers at risk; whilst carrying out their various responsibilities. To this end it has been decided to cancel the house to house collections. However the plan is to have, static sites at supermarkets starting 22nd October (subject to Covid-19 restrictions). If you are able and wish to make a donation please visit one of these locations to select your Poppy.

Many thanks for your past support and the band of volunteers for their tireless help each year.

Stay safe in these challenging times.

Kind regards

Richard Duvall

Poppy Appeal Organiser



TOSTOCK TIDY DAY

ON 22nd AUGUST AND 17th OCTOBER 2020

After much deliberation between us, we thought it would be advisable to cancel the forthcoming Tidy Day, 22nd August. This is due to the ongoing COVID-19 and the restrictions that are in place. The work that we had in mind would make it difficult to maintain social distancing.

The Tidy Day booked for the 17th October will go ahead. This will be to cut the hedges around the Playing Fields. For this we would ask if volunteers could bring hedge cutters and or strimmer's, if they own one. Those who have not, like myself, will collect the hedge cuttings!! With this work social distancing will be able to be maintained.

Starting time will be 10.00am on Saturday, 17th October and we will meet outside the village hall. If there are any changes, I will put a notice on the village notice boards and send out emails to those volunteers that I know of.

If you would like to join us or have any suggestions for future work then

please email me at: jimlanglois@btinternet.com

Tidy Day Organisers:

Jim Langlois, Adrian Malcom, Brian Jenkins, Jim Debenham and Anthony Scully

Tostock Flower and Vegetable Show 2020 and Covid - 19

As of today, 4th July, it looks unlikely that the show will happen this year. If circumstances change and we can go ahead, flyers will be sent out!

Otherwise, see you in 2021!

Barney Harrison 270247



www.tostock.pc.org

It would be really nice to see people and have a chat—even at a distance

If you like to help and /or donate please get in touch



McMILLAN COFFEE MORNING

FRIDAY SEPTEMBER 25TH

IF WE CANNOT MEET HERE IN THE HOUSE, I AM SUGGESTING THAT I MAKE A LOAD OF CAKES, (MAYBE SOME PEOPLE WOULD LIKE TO MAKE SOME TOO!)

DISPLAY THEM OUTSIDE ON TABLES WITH DONATION BOX, SO PEOPLE HELP THEMSELVES.

I SHALL BE SITTING OUTSIDE AS WELL!

'OAK APPLES' LEYS ROAD. Phone. 01359 271127 or 07985542178. DIANNE



WORLD'S BIGGEST
COFFEE
MORNING

MACMILLAN
CANCER SUPPORT
RIGHT THERE WITH YOU

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC022807) and the Isle of Man (204). Also operating in Northern Ireland.

www.tostock.pc.org

TOSTOCK PARISH COUNCIL

Fly Tipping of Garden Waste

Fly tipping of waste is a growing problem but we are working hard to reduce this in Tostock. We need to make you aware that although garden waste is biodegradable, it is still classed as waste, and it is still an offence to illegally deposit it under the Environmental Protection Act 1990 Section 33.

Garden waste can mean any waste coming from your garden such as grass cuttings, hedge clippings, tree branches, etc.

There are a variety of ways to dispose of garden waste legally:

You can take it to any of Suffolk's Recycling Centres where it will be taken away or composting. Recycling Centres have re-opened but with an appointment system in place. For more information on locations and booking appointments please visit: <https://www.suffolk.gov.uk/planning-waste-and-environment/waste-and-recycling/>

Mid Suffolk District Council offers a garden waste collection service, for a small annual fee: <https://www.midsuffolk.gov.uk/waste-services/garden-waste-and-composting/>

You can compost your garden waste on your own land. Home composting provides an excellent opportunity to use your garden waste in a resourceful manner and put nutrients straight back into your garden.

We recognise many people are disposing of their garden waste properly and legally and therefore thank you for your consideration and co-operation.

DOG MESS

Alas we still have a **MAJOR PROBLEM** with dog mess all around the village, despite there being **so many dog bins** on every footpath at some point. It is not only disgusting it is **very dangerous** to children.

PLEASE PICK UP AFTER YOUR DOG AT ALL TIMES

www.tostock.pc.org

FLY TIPPING AROUND TOSTOCK

Sadly, the amount of fly tipping around Tostock is on the increase. I have attached a number of pictures of the fly tipping that has taken place on Hollow Lane, Church Road and Beyton Road. All of these have been reported and removed by the council.



Hollow Lane



Church Road



Church Road



Beyton Road

If you come across such instances please do not touch or attempt to remove for the following reasons:

Health and Safety. There could be hazardous items, needles, asbestos etc. within the items been tipped.

The District Council need to be aware of the fly tipping to allow them to safely remove the fly tipping. Also, they will be able to investigate and see if the people that carried this out can be caught and taken to court.

If you do come across any fly tipping you can report it online through:

www.midsuffolk.gov.uk/waste-services/dog-bins-litter-and-fly-tipping

A page will open where you are asked if you are wanting to report fly tipping, select 'Report Littering' to enter the form. It is very easy to do and only takes a few minutes.

There is also advice on what and what not to do on discovering fly tipping.

If you actually witness any fly tipping then please take a note of the vehicle registration, its colour, description of occupants and phone the police on 999.

Jim Langlois

Tostock Litter Picker

Reporting Potholes

If you would like to report potholes the contact website is:

www.Suffolk County Council /highways

The information you will be asked is: • Location • Size • Depth

www.tostock.pc.org

Tostock Village Hall News August/September 2020

Following the Government's easing of restrictions, we are pleased to have been able to re-open the outside playground. As outlined below, if your children/grandchildren use the playground, please ensure that you follow the recommended guidelines for its use;

WELCOME BACK TO TOSTOCK PLAYGROUND

Keep yourselves & others Covid-19 Secure



IMPORTANT NOTICE FOR PARENTS/CARERS/USERS

This Playground is NOT supervised, and equipment is NOT regularly cleaned.

TOSTOCK PLAYGROUND GUIDELINES FOR USE

- **Social distancing of 1-2m MUST** always be maintained at all times whilst using the playground
- **Only one child** is allowed on each piece of equipment at a time.
- **No eating or drinking** in the playground at the current time.
- **Parents/Carers:** You will need to **clean** the equipment before your child uses it. Use your hand sanitiser or wipes to clean your children's hands before and after use.
- **Remind your child to not touch their face.** Remember to cough or sneeze into a tissue. Take tissues home or put them into the bins provided (use an arm if a tissue is not available).
- **Children's clothes should be washed** when they get home.
- **Families with clinically vulnerable members:** Do NOT use the

Tostock Village Hall currently remains closed.

The temporary closure of the Village Hall remains in place. A further review will take place at the end of August. Should you have any further queries, please contact Hannah Jones via hannahgracejones@hotmail.com

VIRTUAL AGM (via Zoom)

Tostock Village Hall Annual General Meeting (AGM)

7pm, Tuesday, 8th September 2020

At the current time, it is intended that this meeting will take place via Zoom or if the weather allows it may be held outside.

IMPORTANT: Anyone who would like to attend the virtual AGM, or who has a matter that they would like to be raised must let Hannah know by 31st August 2020 so that you can be included in the planning of this meeting and advised of the final arrangements.

Please contact Hannah via hannahgracejones@hotmail.com or call 01359 272633

Wild Flower Meadow taking shape.

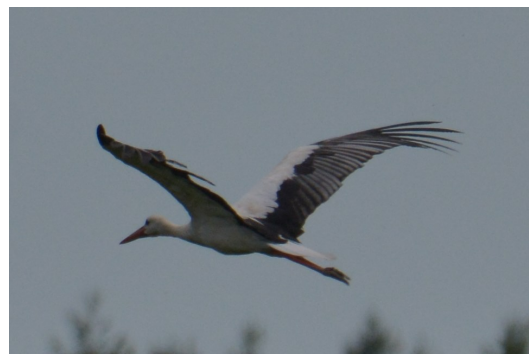


The seeds that were planted in early Spring have flowered, and been enjoyed by many, especially during these challenging time. We hope that these will spread in coming years, as we continue to sow further seeds alongside them.

Finally, please continue to look after yourselves and your families as we go through these uncertain times together.

COUNTRY LIFE – D. POOLE NUMBER 34

I am rather hoping optimistically and enthusiastically that most of you residents of Tostock have recently been watching this years BBC's series of Springwatch, I will explain a little bit later. I for one certainly did. Due to the risk of the ongoing Corona virus outbreak which is still causing us disruption, lockdown, and social distancing, the programme this year had to undergo a completely different type of format. The 4 presenters having to work from home, bringing the wildlife onto our screens from their own local patches, rather than 1 set location. By doing so cut out all the unnecessary constant babble and jargon. It certainly made the programmes so much better and interesting throughout the series, connecting us all so much closer to nature. So, what I thought I'd do for this edition is bring you my own Springwatch from our own local patch Grove Farm now called the Black Bourn Valley Nature Reserve and which is less than a mile from Tostock, owned by the Suffolk Wildlife Trust. Now for the first reason of me hoping that you watched the series is because you may recall me saying last year that Penny and myself visited the Knepp Estate re-wilding farm in West Sussex – you can refer back to the August/September edition of the Tostock Chronicle 2019 and my article (number 28) featuring the Purple Emperor butterfly. Now referring back to the Springwatch programme this year on 2 occasions they showed clips of film from the Knepp Estate highlighting a breeding programme of re-introduction of big White Storks back into England, after a relapse of over 600 years since they came extinct here. Well the good news is a pair have successfully bred for the 1st time at Knepp this year in this country after all that time. I did manage to take this photograph whilst there last year of the Storks on the nest, plus 1 in flight, but unfortunately they failed to breed last year.



Here are the 2 photos for you to enjoy taken at Knepp last year

The second reason why I hoped you watched Springwatch is so that I can connect and compare the Black Bourn with Knepp and it gives me the chance to explain re-wilding. The future vision down the Black Bourn is based on Knepps success. The Black Bourn is about 1/4 the size of Knepp but that is only a guess on my behalf, The 2 habitats are very much similar to each other. Forced to accept that intensive farming of heavy clay soils of their farm at Knepp in West Sussex was driving it close to bankruptcy, in 2000 Isabella Tree and her husband Charlie Burrell took a spectacular leap of faith and handed their 3,500 acres back to nature, with minimal human intervention, and with herds of free roaming animals stimulated new habitats, there land is now heaving with life. Rare species such as Turtle Doves, Peregrine Falcons and Purple Emperor Butterflies are now breeding at Knepp, and biodiversity has rocketed. The project has become a leading light for conservation in the U.K, Demonstrating how letting nature take the driving seat can restore both the land and its wildlife in a dramatically short space of time, reversing the cataclysmic declines that affected most species elsewhere in Britain over the past 5 decades. Part gripping memoir, part fascinating account of Britains rural ecology. Wilding is, above all, an inspiring story of hope. Grove Farm is a typical Suffolk clayland arable farm with lovely features such as unimproved riverside meadows, hedges and ponds, it is a small piece of ancient Suffolk countryside. The Trust has continued to farm the arable fields alongside restoring ponds, planting hedges and establishing a network of wild bird cover and pollen and nectar mixes. In the 1990's small areas were taken out of arable farming all together. A narrow field was difficult to farm so was put back into set-aside and over the years became increasingly rough and scrubby. This little area hinted at a potential different future for the farm as it became increasingly valuable for wildlife. Yellow Hammers, and White Throats nested in the shrub, grassy areas were colonised by Bee-Orchid, and Pyramidal Orchid, Dragonflies flourished in the ponds and countless butterflies benefited from the rough grassland and wild flowers. It was quite simply, buzzing with wiildlife.

continued

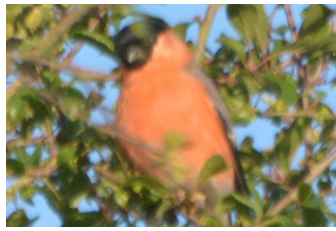
This success encouraged the trust to take further unproductive areas out of arable farming – field corners of heavy poorly drained soils – and wildlife soon moved in,



Yellowhammer



Linnet



Bullfinch



Reed Bunting

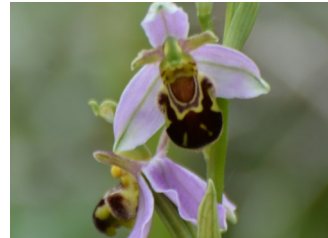
Great crested newts and even a nationally rare stonewort colonised newly created ponds. It demonstrated that, given an opportunity, wildlife would quickly move in, even on land that had been cultivated and sprayed for decades. In 2016 the Trust had the opportunity to purchase 70 acres of riverside meadows alongside Grove Farm. Thanks to the support of members, a major donation and a legacy gift they were able to secure these fields a mix of dry grass land and former river meadows. The new acquisition triggered a change in the name for the reserve to the Black Bourn Valley to reflect the importance of the river that flowed through the newly extended reserve. It also led to a fresh look at how the entire farm was managed.



Pyramidal Orchid



Marsh Orchid



Bee Orchid



Honeysuckle



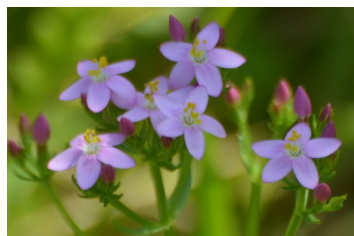
Goats beard



Daisies or Oxide Daisies



Dog Rose



Common Centaury



Ragwort

Some changes have already been made on the reserve. With the support of the environmental agency and the Norton combined charities, which owns 2 riverside meadows, the former course of the river has been restored and connected to the main river channel. This allows winter flood water to flow through both water courses and spill over into the meadows drawing in winter flocks of Teal, Mallard, Gadwell and Shoveller. Plans are afloat to enhance further stretches of the river.

continued

In 2017 another 68 acres came up for sale including wet woodland and fen. This purchase was a priority as it would create 1 large contiguous landholding along the Black Bourn and enable new opportunities for wetland enhancement. In 2018 there was a very different future for the Valley reserve. The arable fields were left fallow and changes will be monitored to see what plants emerge and what species colonise. The riverside meadows will continue to be cattle grazed, but by reducing the intensity of grazing a more complex and wildlife rich landscape will emerge. Most conservation projects involve the restoration of specific habitats, such as heaths and fens, where outcomes are predictable. This will be quite different. It is likely to be a fascinating journey of change, no doubt full of wildlife surprises. Alongside the changes they will develop new paths and trails to enable visitors to explore the extended reserve.

Here are more things I have seen :-



Dragonfly Common Darter



Speckled Wood



Meadow Brown



Cinnabar Moth



Roe deer and 2 fawns



Toad



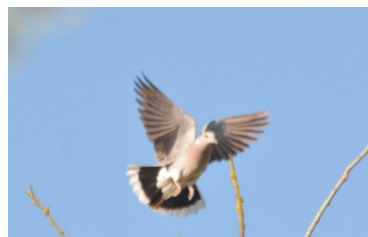
Barn Owl

I must admit I've been one of the lucky ones who have managed to still get out and about during this Corona virus lockdown period, exercising in keeping safe distancing down at the reserve, sometimes 3 or 4 times a day. That's why I am anxious and determined to share these photos with you the less fortunate, who just could not get out. All the photos are of things I have taken within the reserve during this lockdown period. You can have my assurance of that apart from the first 2 of the White Storks at Knepp. The photos are only a few of some of the things I have seen down the reserve, it would be impossible to capture everything. The reserve has been buzzing with glory this Spring hence this is my Springwatch to you. If only I could record and bring you all the fantastic sounds of the dawn and evening choruses and throughout the day. The birds have been singing their hearts out. Nightingales, Turtle Doves, and a Cuckoo along with the Chiff-chaffs, Song Thrushes, Whitethroats, Linnets, Blackcaps, Blackbirds, Robins, and Woodpeckers - the list is endless. And finally, I have left the best to last. Undoubtedly the stars of the show have been the Turtle Doves because of the re-wilding we have had an increase of at least 3 pairs this year. So I am dedicating these 3 pictures as a tribute to you all for your persistence and patience during this most horrid Corona virus pandemic, also a big thank you to the Tostock NHS workers, essential workers, Steve and Jill, Jane Parnum and anyone else I've missed out or don't know about. Well done to you all

This years hatched chick

The Wings of the Dove

Turtle Dove - Parent





St Andrew's Church Tostock

(Benefice of Pakenham, Norton & Tostock

with Great Ashfield, Hunston & Stowlangtoft)

Rector: Revd Katherine Valentine Tel 01359 235095

Email: kavalentine677@gmail.com (new email!)



Website: for more details of all our churches - including Tostock - see the national Church of England website www.achurchnearyou.com

Our benefice Church magazine is also available online at www.vcnews.org.uk

August - September 2020

Please find below the details of the services in the benefice for August. At present I am unable to confirm service details for September, given the uncertainty of the situation around the corona virus. Please see local noticeboards nearer the time for service details, or look at the church magazine - website details above.

I hope we will still be able to hold a Harvest Festival towards the end of September - but will make sure that there is plenty of local publicity about this nearer the time if we can go ahead. We are hoping that at least we can do the Pet Service at the end of August - see details below.
Katherine.

AUGUST 2020 BENEFICE CHURCH SERVICES & OPENING TIMES

Throughout August there will be one service each Sunday in the benefice at 10am, see the details below. These will be short simple services, with all hygiene protocols in place, so we can enjoy worshipping together safely.

Great Ashfield, Norton & Tostock will also be open for private prayer Sundays and Wednesdays 10am-4pm, and Pakenham Sundays only 10am-4pm. See detailed programme below.

AUGUST 2020 SUNDAY SERVICES

2nd 8th Sunday after Trinity

10am FAMILY@CHURCH Pakenham

BRING YOUR OWN MUSICAL INSTRUMENTS!

Churches open for Private prayer 10am-4pm: Great Ashfield, Norton, Pakenham, & Tostock.

9th 9th Sunday after Trinity

10am Morning Worship Norton

Churches open for Private prayer 10am-4pm: Great Ashfield, Norton, Pakenham, & Tostock.

16th 10th Sunday after Trinity

10am Holy Communion Great Ashfield

Churches open for Private prayer 10am-4pm: Great Ashfield, Norton, Pakenham, & Tostock.

23rd 11th Sunday after Trinity

10am OPEN AIR PET SERVICE Tostock

Churches open for Private prayer 10am-4pm: Great Ashfield, Norton, Pakenham, & Tostock.

30th 12th Sunday after Trinity

10am Holy Communion Pakenham

Churches open for Private prayer 10am-4pm: Great Ashfield, Norton, Pakenham, & Tostock.

Great Ashfield, Norton & Tostock also open Wednesdays 10am-4pm for private prayer.

OPEN AIR PET SERVICE! 10 am

23rd August St Andrew's Tostock. - All welcome!

Please pray for fine weather for this annual event. Social distancing still will apply, but we hope you will still enjoy coming to this special service in the fresh air, which will help with the safety aspect. Pets - and owners! - of all shapes and sizes welcome, and as it is outside, even ones that wouldn't normally fit inside a church!

SAFETY PRECAUTIONS.

As you enter the building please use your own hand sanitisers if possible, but if not hand sanitisers for your use are available in the church. Please replace them afterwards.

It's important to respect other people's space by keeping a 1m plus distance and note that not all areas of the church may be accessible. Please follow distancing and safety notices inside each building.

Church services are also still available for you to join in remotely via the Cathedral website:

<https://stedscathedral.org>

or the Bishops are live streaming Daily Prayer and you can link to this via the Diocesan website:

<https://www.cofesuffolk.org/>

Our benefice You Tube Channel is still running with a weekly reflection for you to watch and join in with. This will continue for a few weeks for those who still wish to/need to stay at home. If you go to You Tube and search for Pakenham Benefice you should find the latest services, reflections and music that we have put up.

Church Magazine

This is available online at www.vcnews.org.uk We hope to go back into print in August. If this does not happen as we hope and you would like a copy of my letter and some prayers for August to be sent to you in the post please let me know (details above) and I will arrange for them to be sent to you.

Revd Katherine Valentine.

St Andrew's Church News



The Church had been closed for many weeks, so we were pleased when news came that the door could at last be opened on Sundays and Wednesdays for private prayer. This has meant that volunteers were needed to make sure that everything was cleaned and disinfected. Thanks to everyone who has helped. There have been a number of visitors on those two days each week, showing that people were happy to be in the peaceful atmosphere of the Church again.

The Prayer Tree in the porch has many messages, prayers for the sick in hospital, for people's families and friends, and for help in difficult times. These will be used in Services later.

On Sunday July 19th the first Service of Holy Communion will be held, with distancing and hand sanitizer, a new experience for everyone.

Sadly, the recent death of **Reta Stevens** of the Old Post Office brought the **end of an era to many in the village** – those who remembered the Shop run by Reta and Jean Wheeler from 1966 – 1994. They sold everything from mouse-traps and shoelaces to groceries as well as being the Post Office. They provided a great service to the people of Tostock for many years.

Reta's Funeral was held in Church with a small congregation on July 9th.

In 1995, to commemorate the 50th Anniversary of VJ Day, the ending of the War in the Far East, Colonel Peter Dean, then living at "Foresters" in New Road, provided the Flag Pole on the Village Green.

He had been a prisoner of war in Burma and Japan for several years, but later spent his career in Japan as a Military Attaché, working to improve relations with the Japanese people.

Mrs. Dean and their two daughters accompanied him. Colonel Dean was a great "character"

Often to be seen driving about the village in a donkey-cart, pulled by the faithful "Lucy" and accompanied by his little dog, "Fred".

The photograph on the front page shows the dedication of the Flag pole by the Revd. Ian Hooper, with many villagers watching. The three ex- service men holding the wreaths were all well-known Tostock Residents, Douglas Copeland, Fleet Air Arm, Colonel Dean, Suffolk Regiment, and Donald Piggott, a Major in the Royal Army Service Corps.

A wreath will be laid at the Flag pole on Sunday August 9th at 11 am to remember the 75th Anniversary of VJ Day.

The dedication reads "this Flag pole was erected in August 1995 to commemorate and celebrate the ending of hostilities in the Far East in 1945 and to remember those who fought and suffered".



TOSTOCK TENNIS CLUB WELCOMES NEW MEMBERS



COMMITTEE 2020-2021

CHAIRMAN- FREDDIE WALTON
TREASURER/MEMBERSHIP - ELIZABETH DUNN
SECRETARY - SUSIE WALTON
COMMITTEE MEMBERS - JOHN AND LIZ ADAMS AND NIGEL KAINES

MEMBERSHIP FEES 2020-21

FAMILY MEMBERSHIP £40

COUPLES MEMBERSHIP - £25

ADULT (SINGLE) MEMBERSHIP - £15

CHILDRENS MEMBERSHIP (U16S) - £5

WE WOULD ENCOURAGE FEES TO BE PAID BY BACS BUT CASH AND CHEQUES ARE ALSO ACCEPTED.

BACS DETAILS: ACC: 01082391 AND SC: 30-91-49

PLEASE STATE YOUR NAME AS REFERENCE

GUEST COURT FEES APPLY - ADULTS £2 AND CHILDREN £1

IF YOU WOULD LIKE ANY FURTHER INFORMATION ABOUT THE CLUB OR WOULD LIKE TO CONTACT US. PLEASE CONTACT:

ELIZABETH DUNN (01359 270270) - EJD1@TALKTALK.NET

OR

SUSIE WALTON (07793406076) - SUSIEWALTON85@GMAIL.COM

APN. WARDROBES

MADE TO MEASURE SLIDING WARDROBE SYSTEMS

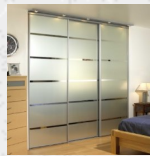
SUPPLIED & FITTED



MAKE 100% USE OF SPACE
ANGLED CEILINGS
10 YEAR GUARANTEE

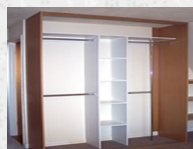
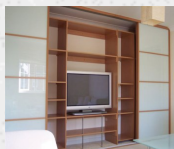


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CONTACT

ANDY NICE

For a free no obligation quote

PHONE: 01359 271727 MOB: 07747 846562

WEBSITE: www.apnwardrobes.co.uk

EMAIL: andynice@btinternet.com

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Saturday 11am - 5pm

Services	Adult	Student
Make Over	£40	£30
Eyebrow Threading	£15	£10
Face Threading	£25	
Lashlift & Tint	£30	£25
Tint	£8	£5

Hair blow dry/
plaits/braids/ buns £15 - £100
Depending on hair length.

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Depending on the Event & size of facepaint, Halloween, summer fair etc.

Gaya Make Up Artist
07734713992

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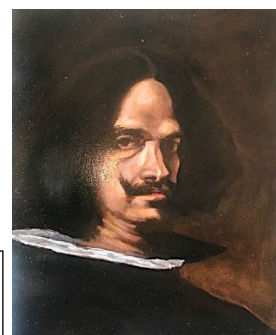
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